### **Eastern Illinois University**

### The Keep

The Post Amerikan (1972-2004)

The Post Amerikan Project

9-1993

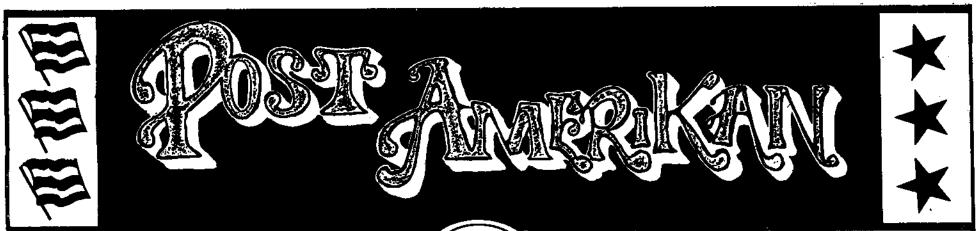
### Volume 22, Number 3

Post Amerikan

Follow this and additional works at: https://thekeep.eiu.edu/post\_amerikan

Part of the Gender, Race, Sexuality, and Ethnicity in Communication Commons, Journalism Studies Commons, Publishing Commons, and the Social Influence and Political Communication Commons

This issue is dedicated to the memory of Scott Eatherly



BLOOMINGTON/NORMAL

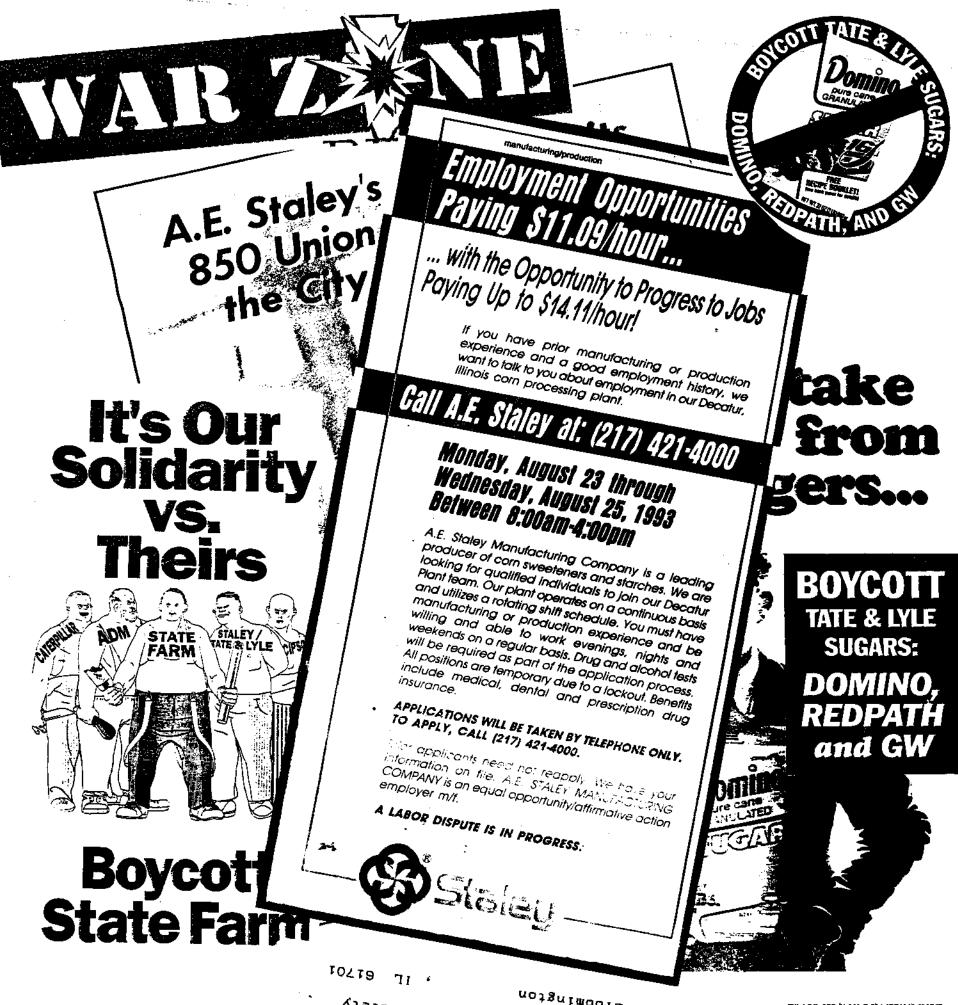
VOLUME 22

(25i)

NUMBER 3

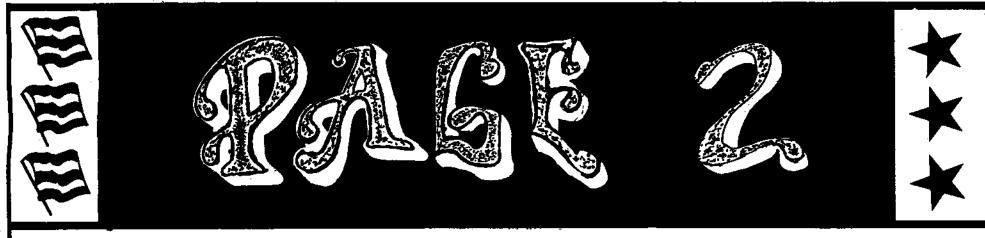
SEPTEMBER/OCTOBER 1993

# Staley lockout continues



BFOOMINGLON' IF 91207 GERWIL NO' 198 GEFE BVLE BEFE BVLE McLean Co. Historical Society 201 E. Grove Bloomington

BI COMINGLON' II' 61105 HOST OFFICE BOX 3455 FOST AMERIKAN ADDRESS CORRECTION



**BLOOMINGTON/NORMAL** 

VOLUME 22 NUMBER 3

SEPTEMBER/OCTOBER 1993

### In this issue:

р. З	And, the Post raises price
p. 4	Think About It
-	(You are urged!)
p. 5	Gay Ken (Can it be??)
•	Ms. Hipple gives us her wisdo
p. 6	Soldier's Account of Gulf War Part II
p. 7	The low-down on Bulletin Board Systems
p. 8	It is time again for: Swastika Watch

The Usual Stuff

### **About us**

The Post Amerikan is an independent community newspaper providing information and analysis that is screened out of or down played by establishment news sources. We are a non-profit, worker-run collective that exists as an alternative to the corporate media.

We put out six issues a year. Staff members take turns as "coordinator." All writing, typing, editing, graphics, photography, pasteup, and distribution are done on a volunteer basis. You are invited to volunteer your talents.

Most of our material and inspiration for material comes from the community. The *Post Amerikan* welcomes stories, graphics, photos, letters, and new tips from our readers. If you'd like to join us, call 828-7232 and leave a message on our answering machine. We will get back to you as soon as we can. Don't worry if it takes a while—we don't meet every week.

An alternative newspaper depends directly on a community of concerned people for existence. We believe it is very important to keep a newspaper like this around. If you think so too, then please support us by telling your friends about the paper, donating money to the printing of the paper, and telling our advertisers you saw their ad in *Post Amerikan*.

# What's your new address?

When you move, be sure to send us your new address so your subscription gets to you. Your *Post Amerikan* will not be forwarded (it's like junk mail—no kidding!). Fill out this handy form with your new address and return it to us, P. O. Box 3452, Bloomington, IL 61702.

Name:	·
Street:	
City/State/Zip:	
·	

p. 9	Pastor Leon has his say on Gur Control
p. 10-11	Staley Lockout Continues (this is our BIG story!)
p. 12	Alternative Ad Index you'll
p. 13	really want to check this out!! Proud to Be on the Rag
p. 14	Animal Magnetism - read this and increase your compassion!
p. 15	20 more of the 101 Reasons Why One Should be a

### Post sellers

### **Bloomington**

The Back Porch, 402 N. Main Bakery Banc, 901 N. Main Bloomington Public Library (front) Bus Depot, 533 N. East Common Ground, 516 N. Main Emerson and Main Streets Front and Center Building Law and Justice Center, W. Front 100 N. Lee Street Main and Miller Streets Medusa's, 420 N. Madison Mr. Donut, 1310 N. Park The Park Store, Wood and Allin Red Fox, 918 W. Market Susie's Cafe, 602 N. Main U. S. Post Office, 1511 E. Empire U. S. Post Office, Center and Monroe Upper Cut, 409 N. Main Wash House, 609 N. Clinton

### <u>Normal</u>

Amtrak Station Avanti's, 407 S. Main Coffee World, 114 E. Beaufort Hovey Hall, ISU (Front) Mother Murphy's, 111 North North and Broadway White Hen, 207 Broadway Subway, 115 E. Beaufort

### This issue of *Post Amerikan* is brought to you by . . .

Linda, Monika & Sherrin (Coordinators) Lainie, Maria, Ralph, and Tom.

p. 16-17	Voice for Choice
p. 18 p. 19	Voice for Choice, continued GALA/Lambda News (what newspaper would be complete without this?)
p. 20	Okay, this time we got it in. Check out out advertising rates on the back page (as if you missed it)!

### **Good numbers**

ACLU	
ACT UP/CI	827-4005
AIDS Hotlines:	
National1-800-2	AID-AIDS
Illinois1-800	
Local(309)	827-AIDS
Alcoholics Anonymous	.828-5049
Bloomington Housing Authority	.829-3360
Childbirth and Parenting Information Ex	change
(CAPIE)	827-6672
Clare House (Catholic workers)	452-0310
Community for Social Action	
Connection House	
Countering Domestic Violence	827-4005
Dept. of Children/Family Services	
Draft Councelling	OZO-UUZZ OZO-UUZZ
Draft Counselling	420-3040
HELP (transportation for senior citizens,	430-2429
handiannad)	000 0001
handicapped)	828-8301
Ill. Dept. of Public Aid.	
Ill. Lawyer Referral1-800	
Kaleidoscope	. 828-7346
McLean Co. Center for Human Services .	
McLean Co. Health Dept	
Mid Central Community Action	
Mobile Meals	
Narcotics Annonymous	
National Health Care Services—abortion	
assistance1-800	)-322 <b>-</b> 1622
Nuclear Freeze Coalition	828-4195
Occupational Development Center	452-7324
Operation Recycle	829-0691
Parents Anonymous	827-4005
PATH: Personal Assistance Telephone Help	827-4005
or 800	-322-5015
Phone Friends	
Planned Parenthood (medical)	.827-4014
(bus/couns/educ)	827-4368
Post Amerikan	
Prairie State Legal Service	.827-5021
Prairie Alliance	.828-8249
Project Oz	
Rape Crisis Center	827-4005
Sunnyside Neighborhood Center	877,5479
TeleCare (senior citizens)	
Unemployment comp/job service	877-4727
United Farmararkers support	027°023/
United Farmworkers support	432-3046

### **Due Date:**

The next deadline for submitting Post Amerikan material will be:

October 18, 1993!





# Community News

### Sponsor an ad

As many of you know, the *Post* relies on the contributions (both financial and editorial) of its supporters. Thus, the paper gets printed when we have the money, and its size (and quality) depends on what gets contributed each month. While we appreciate the loyal support of the B-N lefty community, we would like to expand our publication, and its realm of influence.

One of the ways that we can do this is by advertising the *Post* to other like minded folks. Bringing in more subscribers via advertising would result in the following benefits for the *Post*:

- 1. An increases in circulation would impress prospective advertises; also, many of the new readers might themselves be prospect advertisers.
- 2. The revenue generated by the subscriptions would insure that the *Post* is printed and distributed in a timely manner.
- 3. The new subscribers, many of whom will not be local, will be able to contribute editorially to the *Post*. This will increase the quality and diversity of the publication itself.
- 4. Finally, the wider distribution will mean that more people can be exposed to the values and ideals that the *Post* espouses.

But to do this, we need your help. advertising is costly, even in left-leaning magazines. We ask your support in sponsoring an ad or two. The ad that we would like to run is as follows:

Subscribe to the *Post Amerikan*, one of the oldest community based progressive papers in the U.S.

6 issues only \$5.00. Send to: Post Amerikan Box 3452, Bloomington, IL, 61704.

The cost to run the ad varies from publication to publication:

The Nation @ \$1.50 per word= \$43.50

Mother Earth News @ \$5.80 pre word=\$168.20

Christian Century @ \$1.25 per word= \$36.25

The Humanist @ .75 per word=\$21.75

The Progressive @ \$1.50 per word=\$43.50

The Utne Reader @ \$3.95 per word=\$113.50

If you are interested in sponsoring an ad, or even sharing the cost of an ad, please contact us. The increase in circulation that this advertising campaign will generate will help to ensure that the *Post* will be around for many years to come.

### **Notice to Subscribers**

If you're a subscriber to the Post - you got a few surprises in your mail recently. The past four issues were mailed out by the guilt-ridden Post Amerikan collective to our patient subscribers.

Why did it take us so long, you ask? Many reasons, and you're entitled to know.

Money was our biggest obstacle - we almost ceased to publish the *Post* in March, but a successful benefit at The Gallery kept us going. With that money we were able to renew our bulk mailing subscription. (Which costs more than you think.) Lack of interest kept us from putting out another issue until May/June. We actually make an attempt to send that issue - but it costs \$1.00 to mail each one - money by then we didn't have. We were able to get some cash for the next issue (July/August) For a mailing. Overcome with extreme guilt, we decided to mail out the previous three issues you didn't receive. You paid for them right?

Well there's the story. We don't want to make excuses for our financial problems and we hope you are not horribly offended by our lack of responsibility in not getting you your issues on time. We thank you for your understanding, and we will make a stronger effort in the future to get your *Post's* to you on time.



Effective next issue (November/December 1993) the *Post Amerikan* will increase our price to 50¢ an issue. We hate to do it, but we simply can't afford to produce the *Post* at our current rates.

When the *Post* was first published in 1972, the price was 15¢ an issue. Then in November 1975, the *Post* raised its price to 25¢, where it has remained ever since.

A lot has changed in 18 years, including the ever-rising inflation rate.

We hope that you, like ourselves, find our increase to be an unavoidable reality and continue to support the *Post* as you have in the past.

# POST KANY

### **Post Wish List**

The following is a list of various items the *Post Amerikan* sorely needs in order to carry on its mission:

- •Computer (preferably Macintosh),
- ·Laser printer...need we say more?
- Contributors/writers of articles (you don't have to be a good writer, just have an idea; we'll take care of the rest!)
- Bodies (with attached arms are useful, though, we don't discriminate...) to help with lay-out
- Advertisers
- •\$\$\$ (so we can purchase the above-items, pay the printer and telephone bills, buy T-shirts, etc.)
- Typists!

If you can help us out in any way, let us know by calling our number or writing us at our P.O. Box. Any assistance would be greatly GREATLY appreciated! Thanks.

If you have moved within the past year, please send us your change of address. We are being charged for returned papers.



### **Critical Moments**

The six artists participating in the current exhibition at the University Galleries all have one thing in common. They infuse their art work with specific critical commentaries about the nature of individualism in relation to mass culture. While acting as a conscience of society is a current and vital tact, the works of these artists also resonate with autobiographical authenticity.

Critical Moments will run from August 10 through September 12, 1993 at the University Galleries.

Gallery hours are: Tuesday 9:30am - 9:00pm, Wednesday - Friday 9:30am - 4:30pm, and Saturday and Sunday 12 - 4:00pm.

Source: ISU University Galleries



### Letters:

Bravo!

Great articles on racism in the judicial system. The community and country need this kind of journalism.

Peace,

Pastor Leon





# Think About It...

Hello. This is my Third-Column Anniversary! I'm so excited. So, if you're reading this in the best paper in the nation, it is official.

What first? Well, I just got off the phone with Mrs. Miller of Miller True Value Hardware in Bloomington. I just thought I'd ask her about the monkey in the store. You know, the scabpicking, self-mutilating, crazed primate in that little cage in the store. Well, I was just curious about the fate of him when they close down. I asked her what his name is: Pokey. I wondered how old he is: 37 years old. I asked her where she got him from: a pet shop in New York City (came here via plane). I asked her if he would get a bigger cage. Well, this particular question finally got her goat (what does that mean, anyway?], which I was not trying to do, honest! She vehemently informed me that he was going to stay in the same size cage, "and we are going to build another one just like it!" Well, I was just asking. She further informed me that he lived very long, longer than 10 years wild-time and much much longer than what is normal for a captive animal. I'm sorry, I guess I am still not convinced that he is perfectly healthy and contented. She then told me that the cage was constructed according to zoo instructions (from thirty-whatever years ago) for "an animal his size." And I guess that's one of my problems: that was over 30 years ago and I'm almost sure he can't be very happy in there. I mean, I'm sure he's never seen another monkey (especially of his own species) in most, if not all, of his life. Never had sex. Never ate his native food. Never climbed a tree. Well, Pokey is going to live with Mrs. Miller who, in the end, further enlightened me that "we don't abuse him!" No, you probably don't. You just simply add your weight to a continuingly problematic and inflexible world of crime, war, rape, oppression and absolute arrogant and cruel treatment of fellow-travelers-on-this-tiny-but-uniquespaceship-we-call-earth.

Speaking of rape . . . John Lightening-locust, you'd better watch yourself! We're onto you. I mean it, Blazing-bug, who do you think you are . . . ?! Sexually harassing the women of Bloomington/Normal, and any other town you set foot in, is not the way to go. Inferno-insect, if you don't watch your self, we are! And we don't like it! Be clear of that! Be absolutely clear.

Oh, and what is this about a creek in Normal? I don't get it. I've never heard of a sewer canal being called a creek. Yes, I am referring to Sugar "Creek." I know, this is probably a mistake made years and years ago and most think it's a good idea, BUT, I don't think a little polluted waterway lined with cement and other manmade materials makes it a creek. I admit I may be a little close-minded about applying my definition of a nice, natural creek to this . . . this . . waste drain. Maybe I need to walk along it some day. . . if I'm in the mood for catching an industrial disease, that is.

I went to Wildlife Prairie Park last week. Let me tell you something (in case you haven't already guessed), I am extremely demanding when it comes to animals in captivity. But this place is wonderful! I was very happy with the way they did not raze the land and put in cement and/or landscaped fake or real vegetation. In case you haven't been there, what they have done is put up fences around different areas in the park and allow the animals to live as they do. All the residents of the park are native to this area. There was just one bear exhibit I was not happy with. This bear just didn't have any room to hide from the sun or visitors. Other than that, the cougars, elk, bobcats, buffalo, foxes, etc., all seemed pretty content. I highly recommend this place to anyone. If you go, go early. You'll want to get there before noon so you can see the wandering ones feed up close.



Oh, this is interesting . . . I made a wrong-phonenumber phone call last night and ended up talking to this frat-boy for 20 minutes. He was very nice. He helped dispel at least one myth I was clinging to: ALL frats are not good. Of course, I still don't know the truth of anything he said, but at least he entertained my questions for that long. He was from Sig Tau whatever whatever, and the phone call left me at least thinking that he might, after all, be human. I wished to remain anonymous, though he gave me his name. It was a bridge made. Now there's no going back to ignorance...

Actually, I always believe (even if I don't always sound like it) that there is a lot more prejudice than appreciation of differences in this world -- let alone tolerance.

I read a recent National Right to Life newsletter, but I don't want to talk about it yet. Maybe next issue . . . interesting violent stuff is all I'll say for now.

Now I'm getting to the last few threads of this column . . .

I asked about Eckankar soul travel two issues ago. Well I called this guy and asked for some information and I received a very beautiful pamphlet in the mail. Basically, it seems to me, it is a non-traditional approach to a traditional religion. Words like God, Holy Spirit and Sin are still referred to. Oh well.

Seeing people again for yet another year and pondering my own very possible upcoming graduation, I got to thinking about good will. I was walking across the quad here at ISU and was feeling good will toward all my fellow students and classmates - and even teachers. Then I tried to come up with a list of occasions when people experience unusually good will toward another. This is what I came up with:

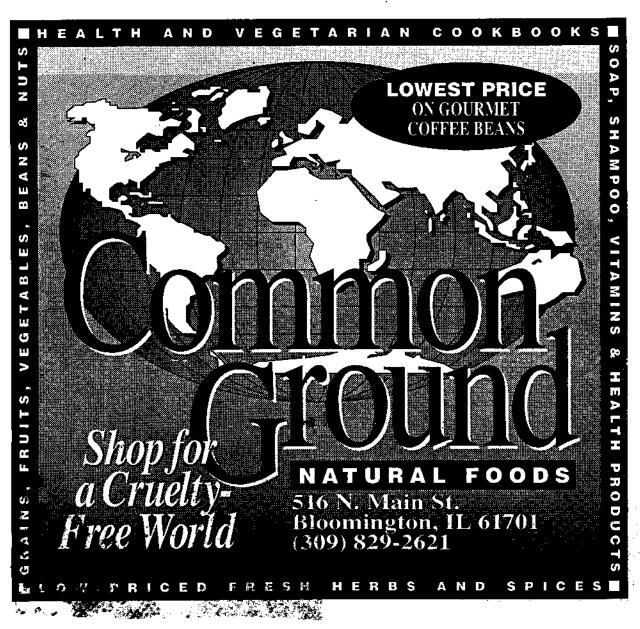
- Disasters (i.e.: floods, fire, bombings, earthquakes, and the like . . . )
- this would include stormy weather, especially when the power goes out . . .
- Holidays, most traditionally Christmas
  Bar Mitzvahs, graduations, weddings, even
- funerals
  •Parties, of course
- •Church and other spiritual experiences
- Doing drugs, particularly that marijuana
- •When the oppressed rise up against the oppressor! Which brings me to the last entry:
  •Helping out with anything for the Post Amerikan especially lay-out.

If you have any comments . . . Agree with me? Don't? Write me at the Post. I'd love to respond.

and the state of the state of the state of the

Until next time . . .

moon







# Ken's a Queen

Mattel Toy's debut of its new Ken doll has created quite a stir since its introduction last February at a New York City toy convention. Since then, the new Ken has been featured on the front page of the New York Times's Arts and Leisure section and the Chicago Reader. Why all the fuss? Magic Earring Ken is sporting a new look: a pierced left ear and a two-tone "greased lightning" hairdo. Oh - and did I mention - dangling around his neck from a silver metallic thread is what appears to be a cock ring. But don't tell that to Mattel. A recent article in the Reader quotes Mattel's manager of marketing and communications as denying everything. "Absolutely not, it's a necklace. It holds charms he can share with Barbie. C'mon, this is a doll designed for little girls, something like that would be entirely inappropriate."

Chrome cock rings like Ken's have been worn as necklaces by homosexuals for years. Cockrings were originally used as fashion statements by the leather crowd, who proudly displayed them on the shoulders of their biker jackets (left for top, right for bottom). Younger gay-boy-activist types then deviated from this customary practice by using cock rings as zipper pulls, key rings, bracelets, and most favorably - pendants.

When they're not used to accessorize, cock rings are used as a sexual stimulant - increasing sensitivity and prolonging orgasm for its blissful

Ken's new look is the result of a survey Mattel instituted a couple of years ago. In this survey, Mattel asked children if Barbie should get a new boyfriend or stick with Ken. The results revealed that a hipper Ken was desired. After long hours of brainstorming and boring company meetings, Mattel was ready to reveal an outfit for Magic Earring Ken that conforms to

today's fashion. What they came up with was something that would be standard wear in the 3400 block of Halsted in Chicago (ie. Boy's Town) about three years ago. Ken is donning an outfit that used to be the standard wear for ravers, and vogue gay men: a purple faux-leather Gaultier vest, purple mesh shirt, black jeans and shoes.

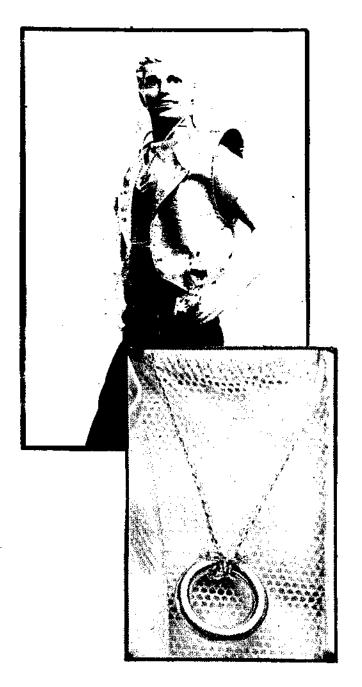
So now Barbie has a new improved, hip boyfriend. A purple vest, cock ring wearing, queer boyfriend. Poor Barbie, you say? Think again. As Dan Savage of the Reader points out, "And while Ken now has a cock ring, he still doesn't have a cock."

Believe it or not, Mattel denies that it has purposely created a queer Ken, and seem genuinely unaware of the origins of Ken's "necklace." Savage offers his thoughts on the obvious naivety by Mattel, "Queer Ken is the high water mark of, depending on your point of view, either queer infiltration of popular culture or the thoughtless appropriation of queer culture by heterosexuals." He adds, "America isn't even aware when it's adopting queer fashion and mores."

Earring Magic Ken is made in China and costs around \$15.00. (You can pick one up at Toys-R-Us.) It comes with a set of people-sized earrings. Sorry guys - people-sized cock rings aren't included.

towanda!

Photos by Charles Eshelman





# Dear Ws. Hippie

Dear Ms. Hippie:

Is it true that there are extraterrestrials living here on Earth? I have heard from such diverse sources as a respected college professor and an inmate incarcerated at an Illinois "correctional" institution that such beings have established residence on our planet, and I thought that, since the government, big business, the Pantagraph, and our parents are not reliable sources, only you, Ms. Hippie, could verify or refute this claim. I certainly don't object to them living here (the aliens I mean), I'm only curious, although it does raise a few interesting questions about television viewing demographics.

Sincerely, Only Human

Post (Amerikan) Script: Is it true that they all have funny names and want to make us learn to play the piano?

Dear Hum,

Sometimes Ms. Hippie herself wonders about people from outer space, considering right-tolifers' alien thought processes and what the college girls do to their hair. However, professors and convicts vie for the title of Least In Touch With the Truth, with professors of course in the lead, since they can't even get locked up for the damage they do. Ms. Hippie doubts that space creatures could survive in Earth's corrupt atmosphere. And no, the ones

with funny names who want to make us learn to play the piano are our relatives. Come to think of it, they might be from outer space.

Dear Ms. Hippie:

Why does the Post Amerikan always claim to be going out of business? I've been reading the Post for nigh on twenty years now, and in every issue, there's this big panic-thing about "Help! This will be the Last Issue if'n you-all don't git off yur collective duffs and donate your time/money/old MEG photo collection right the heck away!" I mean, how long is this gonna go on-how long until the dang paper turns a measiy \$2 profit? It's almost as bad as a bank the way you guys threaten us with all that hoo-ha.

Sincerely, Mel Arkey

**₽**ar Ark,

It's the people from outer space. They make us do it. Every time we get a little bit ahead, they hypnotize us into signing up for extremely expensive piano lessons, and there goes the extra money. And you should see what they force us to do with our hair. Luckily, most of them are respected college professors and convicts and sometimes ignore us for short periods of respite while they refuel.







# Nervendranke und Rohunge Part II (Neurotics and Savages)

MB's ARTICLE, FINALLY!!

"A DESERT STORM VET CONTINUES TO REMEMBER..." ((??))

Schwarzkopf calls us his Donner und Blitzen! I bet some people used to look at General George Washington and say, "Would you stop saying that stupid shit!!" Or how about, "We have not yet begun to fight!" I would have looked at that moron and screamed, "If you'd stop playing with yourself and help, maybe we wouldn't be getting our asses kicked!!"

I'd have been shot afterwards.

After each alert an "ALL CLEAR" was sounded. The Brits also gave an all clear over their PA system. It caused some confusion. The accent of the British announcer was heavy enough that doubtful looks would be exchanged by the people in my bunker. A joke was made that perhaps a spy, who was trying to lure us out of our bunker prematurely, was mispronouncing the statement, "ALLAH CLEAR, ALLAH CLEAR."

### Camels, camels everywhere

On the way up here we just saw butt-loads of camels. You wouldn't believe all the camels! And then when we got on this path through the desert, there was one camel that had been killed. It had obviously been hit by a military vehicle; no civilians drive on the MSR--MAIN SERVICE ROAD. It was laying in the sand, between where the vehicles run. Just skin and bones.

A Marine HUMVEE that passed us had the skull of a camel on its hood with ELVIS written in black on the sun-bleached skull.

Well, it's just another beautiful sunset here at the USA--what we call the University of Saudi Arabia. Really pretty nice. Just sharp, and it's going down, and it's getting cold and it's time to eat, so I'll stop here and describe chow later.

### Toilets, luxurious toilets

I just finished taking, leaving, whatever, a dump. I wouldn't mention it at all, except that even toilets are taken for granted. Back home it's just swooosh and it's someone else's problem. In Jubail the honey wagons took care of the portapotties. But here, here we burn our shit! We built 8-foot high boxes with screens (to keep out the hordes of flies) and a door to shit in. Some of the shitters have a little strip of plywood with four butt-sized holes. Fortunately, the two boxes in my area of the camp have plastic seats with lids. The holes lead down to sections (top and bottom half) of 50gallon drums that catch the crap the galley feeds us. It smells of diesel fuel which is already in . the drums. When it fills up, the people on "Dirty Harry" duty have to pull all the cans away from the shit houses and set their stuff ablaze. As if it wasn't bad enough, you must stir the waste with the diesel because it separates and doesn't dissipate. Yuk!

War happens, I mean, shit happens.

I'm down to two showers a week up here.

### The bombs don't keep all the birds away

This matting that we are laying on comes in 70-and 140-pound sheets. The matting is keeping me in shape. It's really rough. At night, this place just rocks. The bombs just go off and go off and go off and go off and go off. It's just unbelievable. Uhm, I'm looking at a bird out on the berm right now. You don't see a lot of birds out here. A couple of white doves flew out to our mat the other day. They stopped for a little while and then went on their way. They

seemed lost, maybe blown in this way with the strong winds from the storm.

### Mandatory test subjects

They're making us take this experimental medication. I'm not taking it. I won't take it. If I told them, they'd make me take it by watching me every time. I'm not going to let them know. The Nerve-Agent-Antidote pills sound the worst. They screw around with your nervous system—not that the botulism and anthrax shots don't.

Last night we were told by our commanders that we'd been extended again! First we were scheduled for 90 days, the first extension made it 180 days, and tonight we were told that our "no later than" date is now 31 JULY 1991!!! That's 8 months on active duty!!

Fuckers.

### The shit goes down and down and down

The evening of the 23rd I was on watch. Actually, it was early morning on the 24th--0200-0600. At about 0400, a volley of bombs, or shells, 2 sets of 12, exploded with a ground-shaking light show on the horizon. Minutes later, a group of Marine Cobras flew over my head. The ground offensive had begun. Later in the day, I heard that the Marines breached the first obstacle (mine field) around 0630, and the air field 40 miles inside the border, Al Jaber, had been secured! That was not planned on until day two. A group of our guys left today with a Marine escort to look at the job site--Al Jaber. We should be leaving here shortly. Our stuff if packed already. (It seems weird to be sitting here writing this as two of the guys in my tent are playing Game Boy-head to head Tetras!) The guys in my tent would complain every morning how bad the explosions were this night or that night. They would lose sleep on the rough nights. No one seems bothered by anything but the explosions. I slept right through everything! God-damn, what's wrong with me? I need to wake up. The two electronic warriors are still at

### Wüste Strum und Drang

Another Illinois college student is in this Dixie Doin battalion. He is attending U of I at Urbana. I like the guy. He sticks up for what he believes in, he voices his opinion, he's articulate, and intelligent, and he's black. That makes him "The Angry Black Man."

### I'm not a traitor

Yesterday, I built myself a dart board. I cut out all the pictures of Bush I've been seeing in the Arab News and the Stars and Stripes the last couple of weeks and glued them to a piece of plywood. I think it has kind of pissed some people off.

One guy says it's treason.

About a week ago, three sheep got stuck in our compound. They looked nervous. The guys had a good laugh--hopefully nothing more.

Damn. They were hairy.

#### Racism in war

I was told to "nigger a job" that I was to start down at the port of Al Jubail. I asked my E-6 supervisor to clarify what he meant. He said, "You know, do it slow, make it last all day, you know, like a nigger."

I just killed my first fly with my Desert Shield fly swatter I got today! It's sort of like throwing darts. I have a kill grid on the working end of the swatter that looks like a dart board. You can get bullseyes, 20s, 19s, etc. Hell, you could play cricket if you wanted to. There are plenty of flies. I wonder how much money the fly-swatter

guy is making on this war? The recession is probably coming to an end with so much to do for the soldiers in the Gulf. At a boy, George, ya geek.

#### The bodies start going home

Turns out this maggot wagon wasn't even serving. In fact, it wasn't a roach coach at all. It was a cold storage facility; a morgue on wheels, so to speak. It had just come back from somewhere just across the border. Just another C-130 had landed, 10 bodies on gurneys were unloaded.

A lot of the guys say that the first thing they'll do when they get home is pitch their kid's sandbox.

As you drive down the MSR, which is little more than a well-traveled path in the desert, Bedouin kids come running out of nowhere. They stoat the edge of the road and pop us little military salutes as we go racing by. In return, the deuce-and-a-half tires and the wind blankets them with sand. We hit one today. The driver kept yelling, "Oh God, I got him." I don't know the guy very well. I guess he has kids back home.

### Strange nightmares

It has been over a year since the war started. While typing my journal entries, letters and the like, I suffered from a bout of insomnia preceded by three nightmares in one week. In one dream, I was caught on a roof top watching the flash of explosions and listening to the rumble of tanks and gunfire. German soldiers, dressed in black leather uniforms, appeared on the roof top and ordered me to surrender. I put my hands in the air and was shot in the leg and the hand.

In another short dream, I was in an underground government building that was under attack. After I heard gunfire I dropped to the floor—seemingly minutes before anyone else knew what was going on.

In the third dream, I was dodging enemy fire as I jumped into a union command bunker, landing in the remains of a badly decomposed body (both sides in the conflict were using outdated US equipment—Patriot Missiles, Stealth Bombers, F15 Fighters, etc.). Next to the corpor was a silver-metal briefcase—which turned out to be a solar-powered lap terminal. The dead soldier had been writing about the conflict we were presently engaged in. I began reading his journal that began in the year 2003, during the Second Civil War of the United States of America.

mb





# Get involved

This past January the Christian Action Council, as always, brought a well known anti-choice speaker (whose name suddenly escapes me) to town. In January of 1992 they managed to bring a certain Mr. Doug Scott, liar and hysteric extrordinare into town for a speaking engagement. In September, 1991 they brought in Mr. Greg Cunningham, bully lawyer from hell. In January of 1991, the CAC was host to Cal Thomas, right wing bigot journalist personified. And in January of 1990, Ms. Carol Everett, exabortion mill owner, brought her own brand of misinformation to McLean County . . . courtesy of the CAC.

Now I'm sure that everyone reading this article realizes that bringing in out-of-town, nationally known speakers costs a lot . . . I mean thousands of dollars . . . for each speaker! Obviously, the CAC has large cash reserves, or they would not be able to afford such expensive events.

Although Voice For Choice works hard to sponsor interesting events and projects, they have little in the way of funds, and few resources for support. While the CAC has certain businesses, churches, and medical professionals supporting it, VFC relies on the occasional fundraiser or donation for its cash. The other pro-choice organization in town, Students for Choice, receives no student money, and does not receive funds from any national organization. SFC relies on small fundraisers, the out-of-pocket purchases of whoever the current president is, and the good natures of those who present programs at no costs.

I find it unbelievable that even though polls consistantly show that most U.S. citizens are pro-choice, it is the *pro-choice* groups in town that are left begging for money! This is true despite the fact that VFC has about the same number of people on its mailing list as the CAC! When I have complained about this inequity of funds, the most common response has been that the CAC has wealthy doctors and churches supporting them, VFC doesn't, therefore the CAC will always have more funds than VFC.

Sorry folks, but I don't buy it. Fact is, although there are many people in this town who benefit from the activities of various lefty causes, there are damn few who will offer any support (practical or financial) to any of these groups. Look at the Rape Crisis Center, 24 hours a day, 7 days a week carrying those stupid pagers, and they still have to organize giant garage sales to make ends meet! For heaven's sake, how many women, men, and children have benefited from the only organization in this area that provides comprehensive services to survivors of sexual assault and their significant others? While I understand that many survivors have moved ut of the area, or wish to distance themselves from anything reminding them of the assualt, there have to be others who can help. What about all of the churches, residence halls, schools, and other organizations that RCC has taken the time to work with over the years? Isn't anyone who has benefited from RCC willing to make large donations on an ongoing basis?

GALA and ACT-UP are two other organizations worthy of community support. Although most of the participants in both groups are out, there are plenty of closeted gays and lesbians in McLean County who have benefited from the activism of both groups. Even if these gay and lesbians have not directly participated in any of Pothe GALAYACT-UP events, they have difficulty benefited from the efforts of these groups to combat homophobia in our confidentially. (If your fall into this category, perhaps you should be consider making a donation to either of both groups. I'm sure that they will respect your confidentiality).

Perhaps the problem of non-involvement in lefty groups is best summed up in an ad that I saw in *The Utne Reader*. The ad depicted a young hippie man from the sixties, giving the camera the finger. The caption accompanying the photo read "Put this finger to better use." The idea was that we (the readers) could get our long distance service through "Working Assets" and have a certain percentage of our phone bill donated to national progressive organizations. In other words: "Now you don't have to feel guilty about your lack of direct participation in

those causes that directly affect you. You don't have to get involved with the "dirty work" like you did in the sixties, you can use our modern day technology to insure that professionls will be able to do all the activism for you." Not only does this line of thinking result in the inactivity of the masses, but also results in the serious undermining of the power of grassroots activism. Not everyone can be a lobbyist in Washington D.C., but they can damn well defend a clinic in Buffalo, help put together a newsaletter in Iowa City, or march the streets of Bloomington/Normal. Unfortunately, this type of grassroots activism, which includes the rank and file citizen in the political process, depends on the activity of many people. It depends on many people donating and raising funds, it depends on many community members pitching in and stapling newsletters, it depends on people caring enough to do something before it's too late. When people's activism primarily consisits of writing the occasional check to national organizations and authorizing a Western Union telegram to their senators, the powers that be conclude that the cause (whatever the cause may be) is not a cause of people. Instead, they feel justified in thinking that the cause is the cause of a few eggheads in Washington who are getting paid to have a cause. Thus, the powers that be can ignore the "cause" because they think that the people who elect them don't really care much about it (the cause) at all...

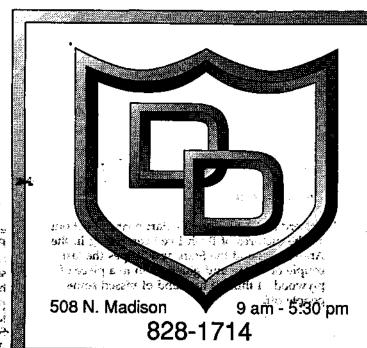
This country is headed for a theocratical dictatorsip because the only people who care enough to get involved are a bunch of right wing fanatics who would like very much to subvert the constitution and impose Mosaic law on all of us. Think I'm kidding? In 1991, a group of reconstructionists (people who wish to replace the constitution with Old Tesament law) ran ninety candidates in various small races in San Diego County. Sixty of them won. Why? Because people wouldn't take the time to educate themselves about the beliefs of the candidates, because people wouldn't even take the time to run for office themselves, because people wouldn't even take the time to vote.



If we want to avoid this sort of thing happening in Bloomingtom/Normal, we who hold progressive values dear must organize, we must get it together. We need to show this community that we will not stand for the CAC's bullying tactics, we must show this community that we ARE the majority. But in order to do this we need the help of every community member. And I am going to, right now, issue a challenge to every single one of you. I am going to assume that at least 10% of the Post Amerikan's readership supports the pro-choice cause. This should give a number of 1,800. If each one of you would send five bucks to Voice for Choice, VFC could not only afford to send out its newsletter, but could also bring a nationally known speaker to town. Now I can't speak for VFC, so I can't promise that they will bring someone in, but I can assure you that your five bucks will go a long way in furtherung the cause. Now, if every one of you 1,800 prochoicers would send just five dollars each month to VFC, VFC could do a lot towards furthering reproductive rights in McLean County. (Of course, you may want to apply this sort of financial committment to Rape Crisis Center, GALA, ACT-UP, Countering Domestic Violence, or one of the other fine groups in

I would like to challenge you all to do one more thing: attend at least one meeting of one lefty group each month. Volunteer, help out, make friends, (we're friendly folk)! The survival of kinder, gentler values depends on the activity of the people who hold them. Just an hour a month spent volunteering for a local group, just five bucks that you would have spent on lunch. at Burger King, can work to build the kind of world that we all want and need to live in. As an activist in this community, I would like to think that people support my (our!) efforts to make this world more just and sane. Otherwise, I would rather not waste my time fighting a losing battle. Please, dear Post readers, let me know either way. Thanks.

Lainie



## DIESEL DICK'S

we specialize in GM diesel repair

complete automotive and truck service

foreign and domestic





# Swastika Watch

SWASTIKA WATCH WRITER JUSTLY ACCUSED OF UNFAIR GERALIZATIONS

Thanks to a letter to the Pantagraph from a Pastor Leon, this writer was made aware that the previous Swastikas Watch columns had contained gross generalizations and discriminatory remarks about Christians. I most humbly apologize for these jokes, and it raises a few issues about the subject of Christian-"bashing" which I would like to address.

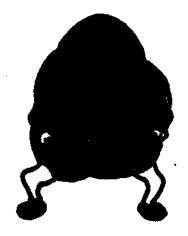
For whatever reason, I have noticed that many of us who consider ourselves"liberal" to varying degrees, often crack jokes of which some stereotyped Christian is the object. For some reason, Christians seem to be an acceptable target for ridicule in ways that other groups would not. This is unfair, and I am guilty of it in my column and elsewhere in my daily life.

I guess it's an easy thing to do at least partly because many media personalities are leftbiased, and many of these people, who might go out of their way to avoid insensitivity in public forget that Christians are people, too. Even Robin Williams, who manages to be funny without racism or sexism in his routines, has made fun of evangelists and the like. I never thought about it when I first heard his jokes, but I'll bet that many Christians were offended by some of those remarks. Television and other pop culture forms are riddled with such prejudicial attitudes, and this writer feels that it is time to ask ourselves, when we mock the Pope or some other public or private figure involved in Christendom, whether we are being fair. It's one thing to disagree with an ideology, which is obviously an obstacle to

friendship between leftists and Christians on one or two issues, and quite another to simply make fun of another's way of life.

I'd like to add that it is very refreshing to learn that there are in fact, left-wing Christians out there, like Pastor Leon. I have always considered Christ to be an outstanding Leftist revolutionary, and it has seemed quite contradictory that his teachings have been for so long associated with the repressive right-wing mindset. I have also been reading a few articles, such as the one whose title I regrettably can't recall, in the latest Utne Reader, and also in the last Post Amerikan, about some of the positive social actions being undertaken by Christian activists. Perhaps, if our society is to reduce some of the hostility which seems to exist between all the various points of view which constitute our fine planet, we had better ask ourselves if we are guilty of that which we also decry, as I have been.

I ALMOST FORGOT. The latest Swastika has been found, and it is so easy to see that I'm beginning to wonder whether this entire column is a joke or not. Take a look at Staley's logo — kind of scary when you think about the current controversy in which that corporation is embroiled (please see the BIG story in this issue). If any of you readers have consumed any "foodstuffs" which may have been tainted by the mysterious Staley process, you may want to consult a practitioner of the healing arts to find out if you have become infected by their now-apparent plot to do bad bad things. Some warning signs of Mental Tampering (heretofore



referred to as M.T.) include:

-shortness of breath when arguing with conservatives

-longness of breath in same -unexplained inability to shop for organic produce

-sudden urge to "try out that Rutch Limbag character-he's just a regular Joe." -unexplained desire to cancel *Post Amerikan* subscription (even on the grounds that you are receiving irregular service).

M.T. is treatable, but only if you act now by patronizing *Post* advertisers, most of whom have undergone the necessary deprogramming and are thus authorized to perform the same favor for you.

John Pyamour, John Forest, John Benet, John Bedington, John Plummer and Robert Morton

# **Uppers/Downers**

DOWNER TO ... the Daily Pantagraph, for their unwillingness to respond in a timely and therefore neighborly way to the letter to the editor which was sent to them about 3+ weeks ago. The letter, which was a friendly response to a Bill Flick column in which a question was asked by a Flick reader regarding the current status of our very own Post Amerikan, was carefully written in a tone which was intended to convey kinder gentler feelings toward our fellow publication, the Pantagraph. The letter in no way insinuated that the Pantagraph is a slandering hostile right-wing fascist commie rag staffed entirely by closed-minded Bud-drinkers who would rather spend all day devising ways to demolish free thought than to cater to the questionable whims of their dimwitted readership.

The letter was to be signed "The Post Amerikan Collective," and the writers of the letter had hoped that, since we included a contact name for verification, that this would satisfy the requirements for publication. However, we were informed that ALL writers of "letters to the editor," regardless of the hypothetical writer's fears of unwanted reprisal or public hostility, are NEVER allowed to conceal their identity in the Pantagraph. It is this writer's opinion that this policy is NOT in the best interests of everyone, since there may be many people whose views are suppressed because of this rule. (Such persons are welcome to speak in the Post, of course.)

The letter was, at last communication, which was some time ago, supposed to be on its way to Bill Flick, in whose column the original inquiry first appeared. We haven't heard anything from him yet, and barring unforeseen

circumstance or some other innocent explanation, this writer (who does not necessarily reflect the views of the whole *Post* Bunch) thinks that this is proof that Bill Flick is a big doo-doo head. Now come on, people, you know you agree with me.

We were going to offer Mr. Bill a FREE subscription to the <u>Post</u> (which might help unclog his thinking on one or two things), but now maybe we'll just take our ball and Go Home! So There!

DOWNER TO... Cellular One Telecommunications, whose recent "Hearing Voices" billboard campaign reveals astonishing insensitivity towards those of us who suffer from mental illness. When I become Yuppie enough to get a damn car phone, you can bet I'll take my business elsewhere.

DOWNER TO... Illinois State University (hence Illinois State) Police wimps and Mr. Officer Knapp. They shot an innocent skunk on the ISU quad recently. This skunk was NOT going to check out a book in the library nor was he/she going to get a peanut butter parfait from Dairy Queen!! Surely, they needed to clear the area for their firearms — so you'd think they could've cleared the area and the let the skunk regain her/his bearings and go back home. They could've shooed (not shoed) it away. Anything would've been better than destruction of a creature that has learned to live WITH human beings instead of going extinct!

DOWNER TO... Animal Control of this illustrious county for not being available to take care of the above problem in a more humane manner.



DOWNER TO... ISU's illustrious Vidette for extremely biased reporting of the above-mentioned incident. They portrayed it in the stinkin' typical way that makes it sound like they did the absolutely right thing! Bad Vidette, Very BAD!

DOWNER TO... Sports Illustrated for pulling an ad featuring near naked male members of a Canadian soccer team. Si's editors decided not to run this particular ad because they felt it was inappropriate. How ironic. Isn't this the same magazine that devotes an entire spring issue dedicated to the exploitation of (near naked) women?

DOWNER TO... Ms. for its recent photo spread glorifying female rodeo riders. I thought feminists had stopped judging their progress by male standards. Rodeos are a macho attempt at proving one's dominance through the exploitation and oppression of animals. Sound familiar women? Click.

My, this is a pessimistic one, isn't it? Let's see, what about an Upper? . . .

UPPER TO... The town of Normal for lighting up the theatre downtown. Thanks.





# Gun control no threat

#### First introductions...

Note: This being my first article for the Post I must introduce myself. I write from a decidedly Christian point of view. Do not be too quick to confuse that with institutional Christianity. There are great misunderstandings about the church for which Christianity is to blame.

#### To hell with the corporate church

Over the centuries there has developed a train of thought among churches, that practically all Christian groups accept, that has nothing to do with the biblical message. "All the churches have scrupulously respected and often supported the state authorities. They have made of conformity a major virtue. They have tolerated social injustices and the exploitation of some people by others, explaining that it is God's will that some should be masters and others servants, and that socio-economic success is an outward sign of divine blessing. They have thus transformed the free and liberating WORD into Morality . . . " Jacques Ellul. I agree that the institutional "church" has done this and continues to do so. I do NOT write from that perspective and as a pastor this corruption of the church is one unjust system that I fight to undo. The "Moral Majority" is neither moral or a majority.

### So, what are you saying?

Politically, I am what could best be called a Christian Anarchist. That may sound like an oxymoron but I hope you will see the similarities over the weeks and months to come. When I look at the biblical message in its entirety, with its call for justice, God's preference toward the poor, Christ's call for a nonviolent revolution/evolution toward a new "Kingdom," and the call to radical discipleship, it is impossible to give simple obedience to any "state." There is in the Bible an orientation toward a certain non-violent anarchism. I agree with Ellul that anarchism is the fullest and most serious form of socialism and that Jesus is not merely a socialist but a non-violent anarchist.

However, human nature is not inherently good and there needs to be some structures or controls. It is in the view of this that I come to Gun Control as my topic for my article.

### Now, onto the article...

O.K. Why Gun Control? One good but simplistic reason to promote gun control is that the National Rifle Association is against it. The neo-nazi tendencies of the NRA are enough for me to view most anything it says or does with suspicion. but let's confuse the issue with some facts...

\*for male teens in the U.S., handgun homicides are the number one cause iof death.

\*An excess of \$4 billion is now the cost of treating victims of gun violence and 86% of that cost is paid for by government resources. (12,000 handgun homicides per year).

\*U.S. Handgun homicide rate is 20 times higher than any other industrialized contry.

\*A handgun is 43 times more likely to be used on its owner than it is to be used on an intruder.

\*In the last 25 years both handgun ownership and handgun homicides have doubled.



### What is personal freedom?

The NRA screams that gun control is a threat to personal freedom. They also view it as a big step toward the loss of other personal freedoms. I believe all the NRA and other parties with a vested interest in the handgun/assault rifle trade are worried about losing is the billions of dollars of revenue generated by this industry. They care little about the personal freedoms of the 12,000 people who die each year or their families. They care little about the personal freedoms of the tens of thousands of people who are assaulted and injured or the billions of dollars spent to treat them. It boils down to another chapter in the "big brother"/corporate greed boot standing on the necks of the people. This violence is far more oppressive than any attempts to control it.

Ken Sehested, Executive Director of the Baptist-Peace Fellowship of North America states, "The Bible repeatedly links the realities of spiritual corruption and physical violence, in such terms the scandalous level of firearms violence in the U.S. screams to heavens for healing."

### Let's start with the NRA

Sehested and the BPFNA planned a picketing vigil outside the NRA headquarters on August 27th. The vigil was supported by the Committee Against All Violence, the American Jewish Committee, and the Fellowship of Reconciliation. About the vigil, Sehested said, "Our concern is not simply with the NRA but with the larger issue of urban violence. The NRA is the most visible, and most powerful force opposing gun control legislation."

Twould think that society could get along without any guns at all. Pretty idealistic thing to say? Why do we need guns? Think about it, what constructive purpose do guns really serve? The "If they outlaw guns only outlaws will have them" mentality is too shallow to comment on. The "no guns" idea would have to be sweeping to work but just think of it.

### What's in it for the average citizen

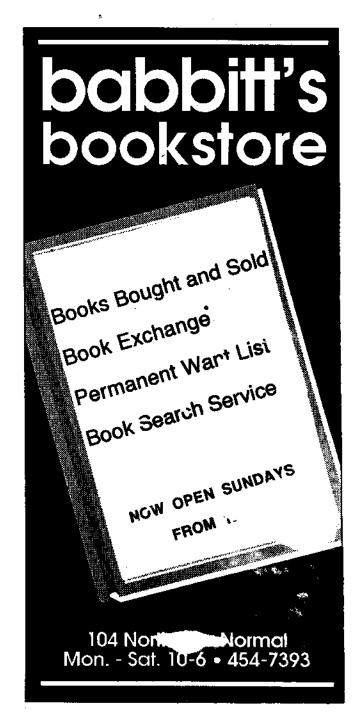
Police stops without worry of being shot. I was spread eagle over the trunk of a patrol car in Kansas because I was a tall white guy with a butch haircut, two .357's pointed at my head. Personal freedom? The sole purpose of a gun is to kill and maim. To me, that is a much greater threat to my liberties than having the freedom to blow away Bambi or Peter Cottontail; much less, the ability and means to blow away my brother or sister on the street.

### Prophecy may tell us something

About 2473 years ago, the Prophet Zechariah had a vision. It goes like this, "Thus says the LORD of hosts, old men and old women shall sit again in the streets of the city (in safety), each with staff in hand because of their great age. And the streets of the cities shall again be full of boys and girls playing. They shall be my people and I will be their God in faithfulness and righteousness."

In one year of teaching in Miami, four kids from my, school were wounded in crossfire and over twenty kids were wounded city wide. These were crossfire victims, the casualties among those actually involved were much higher. Zechariah's vision must have been of a city without guns.

Shalom, Pastor Leon







# Staley lockout

Negotiations between Allied Industrial Workers Local 837 (AIW) and AE Staley Manufacturing Company, Decatur remain at a standstill. It was Staley Manufacturing who declared impasse and stopped the negotiations. This June, after approximately a year of attempting to reach agreement, Staley Manufacturing, a corn processing plant which produces corn sweeteners and starches, locked approximately 740 union workers out of their jobs.

Local 837's contract had expired in September of 1992. Two months prior to that the AIW and Staley engaged in meetings. Local 837 President David Watts said that federal mediation was going nowhere. Watts accused Staley of only "surface bargaining" and says that he would like to see the company "negotiate rather than dictate." Local 837 feels that the company came to them with a predetermined package which left no room for AIW input. In fact, the company attempted to begin negotiations ten months earlier. When the AIW refused, the company distributed information concerning the contract to Staley employees, which is considered to be negotiation in bad faith. While the 52 changes have been made in the original contract, 32 of these changes are gender pronoun changes. The contract remains essentially unchanged.

The company's "final offer" includes:

- A two-tier wage system, regardless of seniority
  Open-ended subcontracting & outsourcing of
- work
   \$5,000-6,000 annual income loss

stated that many of the plant supervisors' CPR certifications have expired.

In their publication *Deadly Corn* the AIW states that "Staley's operations involve the widespread use of deadly carcinogens like propylene oxide and ethyline oxide as well as other hazardous substances like chlorine and hexane." If you combine these dangerous conditions with inexperienced and inadequately trained employees, the result can be deadly.

This combination was in fact deadly for James Beals, a Staley employee, who on May 19, 1990 suffocated to death from exposure to propylene oxide. The AIW believes that Beals' death was a result of a "breakdown in safety procedures." Beals and Jerry Sumner were working in a cornstarch processing tank when the deadly chemical was accidentally released into the tank. None of the people involved in the incident had ever performed the job before and emergency breathing equipment was not working.

OSHA began an investigation of the plant after Beals' death and as a result, Staley was fined 1.6 million dollars for 298 violations. The OSHA investigation prompted a temporary improvement in safety at the plant. An eightperson team, comprised of both union and management, was created to train employees concerning electrical and hazardous waste procedures. However, after a year, the company decided that the team was no longer needed and

Staley refuses offers of mediation Both US representative Glenn Poshard D-Marion and the Macon County Board have offered to help with mediation between Staley and Local 837. Congressman Poshard wrote a letter to the editor of the Decatur Herald & Review on March 21, 1993, offering to organize a meeting, as well as a four-person panel to mediate the labor dispute. Poshard envisioned the role of the four-person panel as "one of listening to the respective positions of management and labor and developing middle ground alternatives for each to consider." Just this month, the Macon County board has offered to mediate the labor dispute between AIW and Staley. Staley has turned down both offers.

AIW calls boycott of State Farm

A reader recently wrote to the Post Amerikan asking if a boycott of State Farm Insurance had been called in relation to the Staley lockout. Yes, the AIW believes that State Farm is "part of a union-busting coalition" and is asking people to cancel their State Farm Insurance policies. In addition to the State Farm boycott, the AIW has called for a boycott of Domino, G&W and Red Path Sugar (companies owned by Tate & Lyle, parent company of Staley.

State Farm has been targeted because it is the largest institutional stockholder in ADM-Archer Daniels Midland, a Fortune 500 company who is a supposed competitor of Staley. ADM, however, owns 7.4 percent of Tate & Lyle (parent company of Staley) stock. In 1991, Staley

# WITHOUT US-THEIR FACTORIES, AND COMPANIES ARE NOTHING!

Watts said that the contract also "destroys seniority on the union's behalf and their voice in health and safety organizations."

Production first, safety second
As in many labor disputes, health and safety regulations and practices are of concern. AIW Health & Safety Chairman Michael Landacre notes that conditions surrounding health and safety have been on the decline at Staley since the early 1980's. At one time Staley Manufacturing had in place policies and procedures developed by the Occupational Safety & Health Administration (OSHA), as well as a health and safety code book to be proud of.

However, over the years safety regulations have not been enforced and training has virtually disappeared. Between August of 1991 and August of 1993, there were 24 people employed in safety administration at Staley. This number included a director, secretaries and trainers. Currently there are two people employed as "safety resources." Landacre observed that in 1991 an electrical safety class which he attended lasted for an hour and twenty minutes. The same class in 1992 was a mere 20 minutes.

In addition to cutbacks in safety personnel and training, Staley's on site first aid facility has been closed and the plant no longer has a doctor and nurse on staff. It appears that employees' safety is now in the hands of their individual supervisors - supervisors who may or may not have had adequate first aid training. Landacre

sent the trainers back to their original areas. Training was then expected to be done by area supervisors in their spare time. This policy is woefully inadequate considering that in order for safety training to be effective, it must be an ongoing process.

Staley & Decatur Herald distort facts
A member of Allied Industrial Workers Local
837 has said that the Decatur Herald & Review
has refused to print certain AIW editorials. The
Herald's reasons were that printing certain
materials may cause the paper to appear to be
taking sides. The paper was also concerned that
the materials might be libelous. However, the
Decatur Herald & Review seems to have no
qualms about printing full page editorials
written by representatives of the company.

The AIW has also stated that Staley had distorted, in the press, certain facts concerning negotiations. For example, suppose that management asked the union to meet with them on Tuesday. The AIW says "No we can't meet on Tuesday. Our representative is out of town. How about Wednesday?" This interchange then is reported in the press as Staley saying that Local 837 is not attending scheduled negotiation meetings. In one case, the meeting was not even about contract negotiations, but about the company's closing of the plant's first aid station.

and ADM cooperated to build a pipeline designed to take raw produce (starch slurry) from ADM to Staley in the event of a labor dispute.

The AIW believes that State Farm could use their influence as a stockholder in a way that could help reopen negotiations. State Farm could put pressure on ADM, who in turn could put pressure on Tate & Lyle, who could cause Staley to reopen negotiations. Because of their refusal to take a stand on this issue, State Farm is not seen as being an ally of the AIW. The question that the AIW asks of State Farm is "How can you justify insuring millions of union members while investing in union-busting companies like Staley/Tate & Lyle?"



Page 10

POST AMERIKAN

September/October 1993





# continues

Several other problematic practices of State Farm are included on a flier distributed by the AIW:

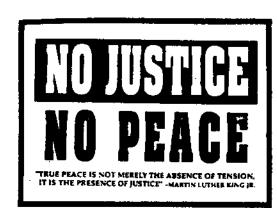
- Mass cancellations of State Farm insurance policies after Hurricane Andrew have prompted consumer advocate Ralph Nader to call a boycott of State Farm.
- In 1992, State Farm settled a class action and other individual sex discrimination lawsuits for over 200 million.
- In the spring of 1993, the California State Insurance Commissioner accused State Farm of redlining Los Angeles neighborhoods by failing to serve low income and minority neighborhoods.

Lynn Fewkes, public relations at State Farm, calls the boycott "surprising." While State Farm acknowledges that the AIW has "every right to say their piece and to try to negotiate with the folks at Staley," Fewkes believes that State Farm has no ability to get involved in the dispute. She notes that State Farm is a mutual company, owned by its policy holders - policy holders who are both pro and anti-union. Fewkes stated that

it is essential that State Farm "sit on the fence" concerning this issue so as not to take sides which would anger any of their policy holders.

When asked if State Farm has felt any affects from the boycott, Fewkes said that a "handful of people have gone to their local agents" and requested that their policies be cancelled because of the labor dispute. Fewkes also noted that between June and the middle of August almost an equal number of policies were picked up by Staley employees. A union representative commented that these policies most likely have been taken out by corporate personnel currently working in the plant - not by the locked out union employees. It is Fewkes belief that the local insurance agents are going to the the ones to suffer because of the boycott, suggesting that the boycott will not have much of an impact on the company. The AIW notes that "if the agents are suffering the main company is going to suffer as well."

Persons interested in supporting the union may do any or all of the following:



- Promote the State Farm Insurance boycott
- Promote the Domino & GW boycott
- Support unemployment for locked-out workers
- Spread the word about the Staley struggle

People may send financial support or contact the AIW at:

Allied Industrial Workers Local AFL-CIO Corporate Campaign, 2882 North Dinneen, Decatur, IL 62526 (217) 876-7006

Representatives from both Staley and the Decatur Herald & Review were contacted for comment but did not return phonecalls.

SF

# Bulletin Board Systems

Until recently, the First American guarantees of 'free speech" and "freedom of the press" were, in a sense, rather hollow. Unless you had enough power and influence to muster up an audience, or buy a printing press, it was difficult to make oneself heard. But now, due to innovations in technology and the declining cost of computer hardware, anyone with access to a personal computer and a modem had the opportunity to make themselves heard all over the world.

A modem, in case you didn't know, is a device that lets your computer call other computers by telephone. This give the computer owner access to a wide variety of information, communication, and consumer services. There are several large "nationwide" online services, such as Delphi, America Online, Prodigy, and Compuserve. Unfortunately, the high costs and the white bread politics of these services make them inaccessible to many people.

But computer buffs know this, and so many have set up smaller, community based "Bulletin Board Systems" (called simply "BBS's" and "boards" by enthusiasts.) Access to many of these boards is free, although some charge a small fee. Each sytem operator (referred to as the "sysop") determines the content and focus for his/her own board. However, each board is usually made up of three components: games, files, and messages.

### Games

Most boards have at least three or four games that you can play right online. This can be a lot of fun, particularly since you can compete with other board users.

### Files

One of the neatest innovations in computer software has been the ever expanding shareware and freeware "industry". Shareware is an honor system method of marketing software, whereby

users pay a registration fee only after trying out the product on their own computer. Users are free to make other copies of the program and to share them with others. Freeware is software that was designed to be copied and used, with no obligation to send money to the programmer.

There has also been an interesting revolution of sorts in "diskette publishing," where anyone who writes a book or an article can put it on disk, and upload it to several BBSs. Thus, they can get their work read by hundreds, even thousands, if other choose to pass it onto other boards. This really gives "freedom of the press" some teeth! Many organizations are now actually distributing their newsletters this way. Most BBSs have hundreds, even thousands of files available for the taking!

### Messages

Most of the boards have local conferences where you can leave messages to other people who call the board. BBSs usually divide their message areas into topics, so that folks can banter back an forth over politics, books, movies, or whatever the topic might be.

But there's more! BBSs also have amateur mail networks that literally span the globe. Mail is sent from groups of BBSs to others, so that worldwide discussions can take place. Topics number in the hundreds, and include everything form abortion to herbal remedies, from vegetarian cookery, to Rush Limbaugh. Of course, every BBS will subscribe to different echoes, but you can usually find one or two in your community that will offer something that you are interested in.

I am listing a few of my favorite area boards that I have gained not only a lot of knowledge from my participation in e-mail "echoes," but I have

made several new friends. Particularly in a conservative community such as ours, it is nice to make contact with other lefties. Enjoy.

### Hermes

Hermes is probably my favorite board, and it is run by a local lefty, Mr. J.R. Jenks. The focus of Hermes is conversation, and J.R. provides it, with at least 40 different conferences ("echoes" in BBS lingo) to choose from. Of particular interest to lefties will be the abortion, vegetarian, progressive news, and skeptic echoes. Hermes can be reached at: 827-2433.

Applied Computer Science (ISU): This board has mostly files, so be sure and browse. There are a few echoes for conversation, but there are often few participants. You can call them at 438-7370.

### Darkside

The Darkside has plenty of echoes, files, and games. Lefties and conservatives battle it out in the echoes...watch out for flying fur! Call them at: 452-2616.

### Prairie

Prairie is a very professional board with hundreds of files, several local message boards, and a lot of games. Of particular interest to religious types is their online Bible! 828-6941.

### Desktop Micros

Doug Sharp's board is the creme-de-la-creme of boards. Anyone can have limited access to the board's features for free, but he charges a fee for full access. Doug is a computer dealer and actually has cads of message echoes, files, and games, 662-2017.

Lainie





# ALTERNATIVE SERVICES

in Bloomington/Normal



- experience more energy and vitality
- · increase your flexibility and range of motion

Trager is a form of movement reeducation that uses pleasurable touch and gentle, rhythmic movement to relax you mentally and physically. The goal is greater ease of movement and a heightened sense of wellbeing. While Trager can be beneficial for bodies that have been damaged by illness or injury, people whose bodies are fundamentally sound can experience more freedom and ease of movement and greater integration between body and mind.

For more information or an appointment call:

• Ron Maler at Life Enhancement Services (309) 828-2965

Readers of this ad are entitled to a \$10 discount

### Martin A. Wyckoff & Associates

311 W. Virginia, Normal, R. 61761

· Historical Consultation, Research

- Book, Document Conservation, Repair
- Over Fifteen Years Museum Experience





Essential Fouch KIMBERLY L. HERRIN



Z302 E. Oakland Ave. Bloomington, IL 61701 (309) 663-7115

MASSAGE THERAPY FOR BODY, MIND AND SMRIT







### Essential Touch

BILL BOWLING

Massage Therapist A.M.T.A. Member 2302 E. Oakland Ave

Suite 3 Bloomington, IL 61701 Home (309) 828-7188 Work (309) 663-7115

MASSAGE THERAPY FOR BODY, MIND AND SPIRIT









Christine L. Sipula

(309) 828-4035

Reflexology/Foot Massage Home Visits Hours by Appointment









Certified Hypnotherapist

Stress Management, Panic Attacks Habit Problems (Smoking - Weight)

(309) 828-4035

Home Visits Hours by Appointment







An alternative approach to worship



Sunday Nights 6:00-6:45 MUSIC, DRAMA, SHARING & more LIGHT FELLOWSHIP SUPPER AT 5:15 IN OUR LOWER LEVEL--EVERYONE WELCOME! (\$1 donation requested)

Charch isn't necessarily what you thought it was. Come check it out!

## First American Baptist Church Normal

American Baptist by Affiliation—Ecumenical in Perspective

COME WORSHIP WITH US

9:10 a.m. - Sunday School 10:25 a.m. - Traditional Worship

6:00 - 6:45 p.m. Alternative-Contemporary Worship Choose the experience that's right for you!

Corner of Mulberry & School (Across from Manchester Hall)







# Proud to be on the rag again

In the last issue I wrote about attitudes and philosophies of menstruation. Included was a side bar on the environmental hazards of disposable menstrual products. (See Post Amerikan Volume 22 Number 2) If you read the article, you now know that tampons and pads create over 11.5 billion pounds of garbage every year, that cotton used in tampons is laced with lye and toxic pesticides, and that fibers that break away and stay in the vagina may be linked with cervical cancer. "Thanks," you women might be thinking. "Now instead of merely cramping and bloating, I can add guilt and worry to my monthly cycle." Not so fast, friends. Read on. I share with you one woman's road to environmentally friendly, woman-wise, bodykind, politically-correct periods.

You can't hide it from yourself

Like many women, I started monthly bleeding when I was twelve. It was the summer after seeing "the film" with all the other girls in my class after school one day. I told my Mom, who bought me an awkward elastic belt and a large bulky cotton pad that felt like wearing a saddle under my pants. (It could be worse, said my mother. Your grandmothers used to put rags into their underpants when they had their periods! Gross!) I endured this for a few months until I got up my courage and asked some of my girl friends for suggestions. They assured me that tampons were not the horrid, invasive things that my mother had cautioned me about. (So what mom, if I do "tinkle" on my string!) This began my 10 year use of tampons to catch my flow. Tampons were small enough to hide in your sock if you weren't carrying a purse, flushable and I never had to really look at what my body was expelling.

Looking into alternatives

During the early 80's, working at a health food store and a womens' book store, I heard of women using sea sponges as a tampon alternative. These sponges could be purchased from women's health collectives, at hipperthan-most book stores, or as I did, from art supply stores. They are small and tiny pored, pliable and made by mama earth. After washing them (mostly to make sure that there are no tiny shells left in them) they are inserted into the vagina. Like a tampon they absorb the flow. Unlike a tampon, they are removed, rinsed clean under the sink, squeezed dry and reinserted. A good, strong sponge, could be reused up to six months and then I would go and spend another \$2.00 for a new one. Using a sea sponge required me to look at and touch the fluids that my body was expelling. It was hard at first, but I began to feel more at ease with and appreciate the work my body was doing. I also felt good that I wasn't spending a lot of money.

Switching back

A few years later the toxic shock scare concerned me. Sea sponges were usually rinsed more frequently than tampons were changed, making likely to dry the tissues of the vagina, but I still worried. So, with some remorse I switched back to pads. Ten years after my first pad experience, I was pleasantly surprised with the neo-pad. Gone were the belts, the clips, the bulk. The peel and stick things were kind of fun too! I had to relearn however, to relax and let my flow flow. How many times have I clamped my muscles tight while laughing least I leak a little urine? How many times, using a sponge or tampon, had I sneezed and felt with horror a little gush? (Sound familiar women? Go on, admit it!) Feeling my blood leave my body was difficult, but it seemed just one more thing I again needed to learn to feel comfortable.



### For yourself - and the environment

At the end of the 80's, I became a parent. I used cloth diapers because I didn't want to contribute to the already overcrowded landfills. When my daughter was six months old, my flow returned. I didn't want to be dumping pads anymore than I did diapers. Hmm...now what? My periods had me perplexed for a while. It wasn't until after the birth of my son, that I found a solution that now works for me. Remember how my grandmothers used to catch their flow with "rags" in their underpants? Well, those rags are back, they're improved, and I have been quite content with using my reusable cotton pads for the last year. Let me explain. My first "rags" were cotton pads that I sewed out of cotton flannel remnants purchased very inexpensively at fabric stores. I sewed them into 8 x 10 inch diapers that I fold into thirds and place in tight underpants. Assuming that pants fit snug, the pads stay put, they can be refolded to present a clean top surface and are washed and reused. After using a pad I take it off and soak it in a plastic bucket filled with water. I change the water every day (plants love the bloody water) and this gets the pads pretty rinsed out. At the end of my cycle or when my plastic bucket gets full, I wash the pads in the machine and they are ready to be used again. When I am away from the house, I carry fresh pads and put the used ones in a zip lock baggie until I can get home to put it to soak. It is easy, pads cost less than \$1 each, will last for years, and do not add to the landfill problem. Most important, I feel good that I am paying attention to my cycle in an appreciative way and caring for myself in a manner that shows respect for the environment and for ME!

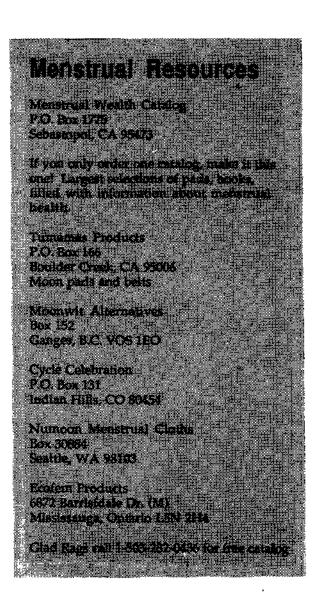
Ordering information

For those who want to purchase premade pads, there are quite a variety to choose from. Most are from small, women owned businesses. (See sidebar) One style that I bought recently has "wings" that wrap around and snap under the crotch of my underwear. Other pads can be held in place by sewing a piece of elastic into your underpant's crotch and sliding the pads underneath it. Pads are available in a fun variety of colors, patterns and styles. On the first day, when I feel sore and swollen, I use a very large, thick pad. The counterpressure on my vulva is soothing. I also have large pads for the nighttime during heavy flowing. Some companies even have a cotton pad that you can lay on your bed in case you leak or to use to protect sheets during sex. For lighter days, I have smaller pads. I have found these to be as absorbant as disposables and much more comfortable.

Do what's best for you

Being "on the Rag" isn't for every woman. One of my friends suggests using your pads only when you are at home until you get used to them and feel more comfortable. Take it at your own pace. Do what feels right for you. Another friend treated herself by buying one pad from several different companies and then trying them to see which she liked best before purchasing a cycles worth. Another friend has sewn her own pads in favorite colors and fabrics to pamper herself during her flow times. My 5 year old daughter even has a tiny "practice pad."
Just think of the positive attitude that she is growing up with knowing women who feel at ease with their phases and flowings. Yet another woman I know purchased a lovely pottery "moon bowl" to soak her pads in. Our cycles are special and our bleeding time can be a time of power and pleasure. Perhaps reusable cotton pads might be part of your menstrual journey.

Content in Cotton







# Animal Magnetism



Spread the animal rights message

Communicate your support of animal rights through your check writing. You can order checks that display the following messages: Stop Animal Testing / Don't wear fur / Live cruelty

For more information, contact: Message Check Corp. P.O. Box 3206 X-9, Seattle, WA 98114, 1-800-243-2565.

Nature Conservancy slaughters animals
On the Hawaiian island of Molokai, wild pigs,
goats, deer and other animals are being killed by
snare traps hidden in the forest. this slaughter is
being perpetuated under the guise of wildlife
management by The Nature Conservancy
(TNC).

Alex Pacheo and David Barnes from PETA recently spent weeks on the island destroying more than 700 snares and videotaping the remains of the animals who had been killed. No water or food, covered by swarms of maggots — animals caught in snare traps suffer an agonizingly slow death.

TNC maintains that the pigs are intruders who cause damage to the forest through their foraging. The truth is that the pigs have lived on the island for 1,500 years. During this time the forest has flourished.

There are alternatives to this senseless slaughter. One choice would be to simply leave the animals alone. The pigs have co-existed with the forest for a long time now, without human intervention. Other alternatives are live trapping or humane contraception.

Because of pressure from PETA, TNC has agreed to remove the snares from Molokai on a trial

basis. However, TNC is prepared to reintroduce the snare if environmental damage increases.

What you can do:

- 1. Call The Nature Conservancy toll-free at 1-800-628-6860 and let them know that you will not donate to TNC until they permanently quit snaring. Write to TNC president John Sawhill, The Nature Conservancy, 1815 N. Lynn St., Arlington, VA 22209.
- 2. Write to Secretary of Agriculture Mike Epsy and urge him to stop mass extermination of birds, coyotes and other animals carried out by the federal Animal Damage Control program. Secretary Mike Epsy, Department of Agriculture, 14th St. and Independence Ave., S.W., Washington DC 20250.



Animal right publications

Animal People: New for People Who Care

About Animals is published 10 times annually
by Animal People, Inc, a nonprofit charitable
corporation dedicated to exposing the existence
of cruelty to animals and to inform and educate
the public of the need to prevent and eliminate
such cruelty.

July/August's paper contained articles about the prevention of road-kills, the recent law concerning animal sacrifice, and the murder of wolves in Alaska-to name a few.

Subscription rates are \$18 per year or \$30 for 2 years.
Animal People, P.O. Box 205, Shushan, NY 12873
518-854-9601

ProAnimals, a new Chilean animal protection magazine, is published c/o Dr, Herman Matamala, Casilla 52743, Santiago, 1, Chile. Patricia Greanville of the U.S. - based Voice of Nature Network is listed as editor-at-large.



World Farm Animal Day

October 2nd is the 11th anniversary observance of World Farm Animal Day. People across the country will participate in activities which memorialize the abuse and destruction of seven billion innocent, felling animals per year in U.S. factory farms, stockyards and slaughterhouses. Persons interested in organizing and participating in activities in Bloomington/Normal may contact Sherrin at 828-4473.

### The other white meat has a very dark side

85 million pigs are slaughtered annually for U.S. dinnertime fare, like pork chops.

70-90% of pigs raised for "meat" are tethered by the neck in metal and concrete pens.

"Modern" pigs, bred for more meat, develop painful foot and leg lesions because they can't support their extra weight.

Because of stress, some factory pigs "freeze-up": they become so afraid that they cannot move, even to eat or drink. Others remain in constant, panicked motion, a neurotic perversion of their instinct to escape.

Approximately 30% of all pork products are contaminated with toxoplasmosis, a disease cause by parasites that can be passed on to consumers.

23% of pigs (24 million per year) die before reaching slaughter age in U.S. Mess die from respiratory disease brought about by enclosed housing and aggravated by crowding and stress. An additional 416,000 pigs die from "shipping stress" each year on the way to slaughterhouse.

Compassionate living festival in Raleigh The Eighth Annual International Compassionate Living Festival will be held October 1-3, 1993 in Raleigh, North Carolina. Following is a partial list of presenters and

Carol Adams, feminist theorist - Feminist Theory and Animal Rights.

Adrian Piper, artist/philosopher (who gave a presentation at ISU a few years back) Exhibition Opening: Selected Works

Tom Regan, activist/author - How to Flush Rush

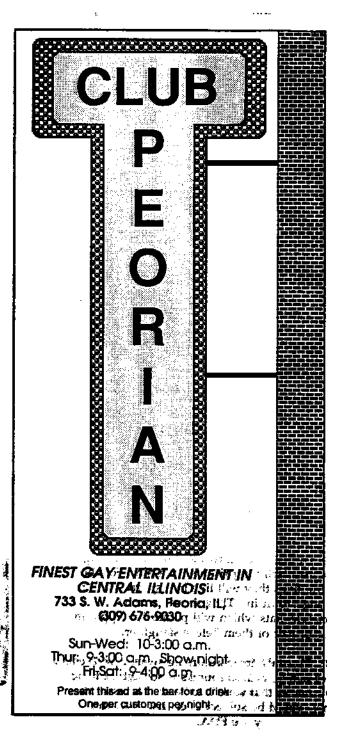
Jay McDaniel, theologian - Theology of Reverence for Life

Barbara Trinkaus, musician - Songs for the Animals

Antler, poet - The Many Faces of Compassion

Lisa Finlay, ANGFAR coordinator - Progressive Movements on Today's Campuses

For more information contact: Culture & Animals Foundation, 3509 Eden Croft Drive, Raleigh, North Carolina 27612





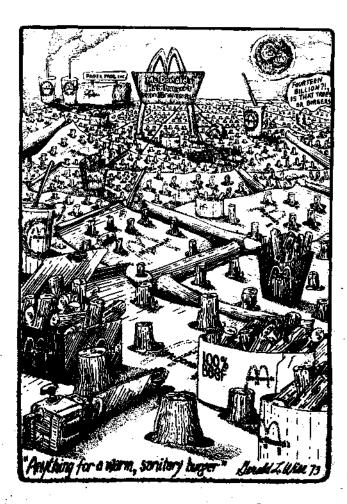


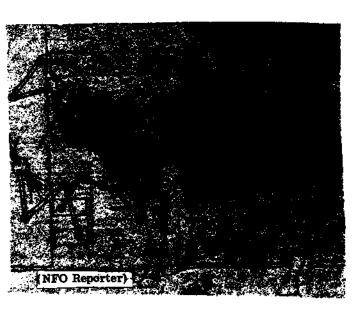
# Attention meat eaters: Part II

Remember we started this "food for thought" list in the last issue? Well, we now continue the dramatic story . . .

- 21. In the words of John Robbins, author of *Diet* for a New America, a dairy cow living in today's modern milk factory "is bred, fed, medicated, inseminated and manipulated to a single purpose -- maximum milk production at minimum cost." She lives with an unnaturally swelled up and sensitive udder, is kept inside a stall her entire life, is milked up to 3 times a day, and is kept pregnant nearly all of the time with her young taken away from her almost immediately after birth. "Contented" is the characteristic most often attributed to the cow. However, cows in factories are fed tranquilizers to calm their frazzled nerves.
- 22. Calorie for calorie, spinach has 14 times the iron of sirloin steak. Iron requires vitamin C for absorption, of which animal products are totally deficient.
- 23. Male cattle in the beef industry are castrated to make them more docile. Castration also promotes a fattier (more profitable) animal. Castration can be done radically, all at once, or over a long period of time with a ring, causing the testicles to eventually fall away. Anesthetics are rarely used.
- 24. The typical egg factory may hold 80,000 hens per warehouse. It is not unusual in the factory farm for 4 or 5 layer hens to be squeezed into a 12" x 18" cage. It is standard procedure for poultry producers to de-beak their chicks with hot-knife machines. Debeaking prevents most of the harm from the crazed pecking the birds will inflict upon one another in response to their intense confinement.
- 25. The National Cancer Research Institute found that women who eat meat on a daily basis are almost 4 times more likely to get breast cancer than those women who eat little or no meat.
- 26. Today's milk factory may have one worker tending 800 calves in 45 minutes, a job in the barnyard of old which would have taken several workers an entire day. According to Peter Singer, author of *Animal Liberation*, "Cows are sensitive creatures who naturally develop strong bonds with their caretakers."
- 27. At the expense of their own hungry populations, exporters in poor countries will produce luxury foods such as meat for sale to rich countries. Meat is much more profitable to produce than subsistence crops of rice, beans and vegetables.
- 28. The 1.28 billion cattle in the world are responsible for 12% of the methane emissions into the atmosphere. Methane is one of the four greenhouse gases contributing to the environmental trend toward "global warming." One methane molecule traps 25 times more solar heat than one molecule of carbon dioxide.
- 29. Pigs in today's factory indoor facilities are likely to be stacked two and three decks high, each solitarily imprisoned in a bin. For their entire lives they will live in a space just big enough to fit in. They stand on metal or concrete slats which will painfully cripple the legs of half of them before slaughter.
- 30. The milk from a nursing woman who eats a diet rich in animal sources is so high in toxic substances that were it to be sold across state lines would be subject to confiscation and destruction by the FDA.

- 31. Two hundred years ago, America cropland had topsoil that averaged 21 inches in depth. Today, only about 6 inches remain. Every year in the U.S. an area the size of Connecticut is lost to topsoil erosion -- 85% of this erosion is associated with livestock production.
- 32. Fish are living magnets for toxic chemicals. According to Consumer Reports (Feb., '92), a notable incidence of unacceptable levels of PCB's and mercury were found in certain species of fish that were tested. Ingesting PCB's is considered a chief reason for the sperm count among American men to be 70% of what it was 30 years ago. Today, half the world's fish catch is fed to cattle.
- 33. Drug-addicted animals in our factory sheds are supposed to have their drug intakes stopped at a certain interval before slaughter. Withdrawal schedules, however, are not always properly followed, if at all. Troughs of old, drugladen feed may not be cleaned away when withdrawal should begin. Also, since animals are often fed animal waste and flesh, drug and pesticide residues continue to be recycled.
- 34. The common cold, as well as allergies to dust, cats and pollen, are more likely to go away when milk is taken out of the diet. No other mammal in nature drinks milk after weaning, nor drinks the milk of other species, as do humans.
- 35. USDA meat inspection today is virtually non-existent in several of the giant meat-packing plants. A new inspection process approved of during the "deregulation 1980's" nearly eliminates the role of the federal meat inspector. Dubbed S.I.S. (Streamlined Inspection System), this unprecedented inspection process speeds on-line production by up to 40%. Sometimes as few as 3 out of 1,000 carcasses are checked. Federal inspectors are not allowed to stop the assembly line if a problem is sighted. They may only complain.





- 36. Cattle grazing has destroyed lush ecosystems all across the North American continent. Because of the vast amount of space needed for ranching, large animals are forced, with the help of government policy, on to marginal habitats where they die out. Wholesale extermination of predators to cattle, at taxpayers' expense, also continues unabated, which only serves to allow "pest" animals to proliferate. Tax dollars then go to poison the "pests" which leads to insect populations to rise, prompting government-sponsored spraying of insecticides. In addition, according to the GAO, livestock raising is the primary reason for the elimination or endangerment of plant species in the U.S.
- 37. The American Journal of Clinical Nutrition and the Food and Nutrition Board recommend that eating a mere 2.5% of 6% of one's calories as protein adequately satisfies protein requirements. It is almost impossible to get below 9% with an ordinary vegetarian diet. Today's average American excessively eats 38% of his or her calories as animal protein and an additional 12% as non-animal protein.
- 38. About 98% of all milk is produced with factory methods in the U.S. Today's factory cow is fed dangerous levels of hormones to produce two to three times more milk than yesterday's pasture cow. After about four years, the hormones no longer work and the spent cow becomes your hamburger. Slaughter day will end the agony of mostly solitary, intense confinement where our friend has never seen a blade of grass. A cow naturally lives 20 years.
- 39. Cattle graze "on the house" on public lands in the U.S. Though the market rate for the right to graze is about \$6.40 to \$9.50 per month per cow, many government permit holders pay less than \$2 per month per cow. According to U.S. Congressman Dick Armey of Texas, our nation's "farm cartel," much the creation of the House Agriculture Committee, is like "a 350-pound man on a life-support system." His assessment of the government subsidies to agribusiness?: "welfare to the rich."
- 40. Factory-farmed animals contain as much as 30 times more saturated fat than yesterday's freerange, pasture-raised animals.

Still prefer your inhumane animal products?

©1992 by Pamela Teisler. 101 Reasons Why I'm a Vegetarian...

For more information or to receive a copy, send \$1,00 (plus SASE) for one copy; and 50¢ for each additional copy to: The VitaVegie Society, Prince St. Sta., P.O. Box 294, New York, New York 10012





# News From Voice

#### In memoriam

A long time advocate for human rights and friend of the pro-choice community, Scott Eatherly, died August 10, 1993, at St. Joseph's Hospital. Scott's work in this community can probably never be fully recognized or appreciated. His communent to improving the quality of life for all people in this community was evident in the work that he did.

Scott was a member of the Community Action Board, the Central Illinois Chapter chair of the ACLU, a member of the AIDS Task Force, the East Central Illinois Planned Parenthood Public Affairs Committee, McLean County Jail Review Committee, the Martin Luther King Gospel Festival Planning Committee, the League of Women Voters, the National Organization for Women, a volunteer and store accountant for Crossroads Global Handcrafts, he was active in the founding of Neville House and a long time Voice for Choice supporter. These are but a few of the organizations and battles Scott was involved in.

As an educator, a professor of English at ISU he was among the first faculty members to teach African-American literature and he was active in numerous university-related organizations and committees.

The list of Scott's affiliations seemed as endless as his time and commitment to each one of them. It was always nice to attend a meeting with Scott, when he volunteered to do a job it was done and done well. His ability to actively serve all of the organizations he volunteered for was not only incredible, it was incredibly rare. Each of the organizations listed above will feel his absence.

It is our hope that for those of you reading this, especially those of you who have been thinking of becoming involved in the struggle for human rights and social change, Scott's accomplishments will inspire you to become involved. It will take at least ten people to pickup where his work ended. Scott Eatherly's work will continue to benefit the people of this community through both the work he did and the hope that he instilled in many of us, the belief that change can and does happen. Those of us fortunate enough to have known Scott, to have worked with him will miss his gentleness, his humor, his intellect and his unending commitment and energy to the things he believed in.

Memorials may be made to the cause of the donor's choice.

### **Justifiable homicide?**

Two weeks ago a Catholic priest in Alabama attempted to place an advertisement that referred to the killing of abortion providers by anti-choicers as justifiable homicide. Perhaps not too surprisingly the following week a physician who provides abortions was shot and killed as he confronted someone breaking into his car. That same week an anti-choice homemaker shot Dr. Tiller, the abortion provider who was the focus of Operation Rescue's protests in Wichita two years ago. The woman fired five shots into Tiller's car as he was leaving his office. Fortunately Tiller-received only minor injuries and returned to work the following morning.

Please contact your legislators and tell them you want to see legislation protecting clinic workers, buildings and access to clinics.

Supreme Court update

On June 14, the U.S. Supreme Court agreed to decide whether abortion rights advocates may use federal racketeering or anti-trust laws to sue protestors who block access to abortion clinics. The Court said it will review a ruling that spared Operation Rescue and other anti-choice groups from being sued under the Racketeer Influenced and Corrupt Organizations Act or federal anti-trust law. The action came five months after a major setback to the abortion rights movement, ruling that federal judges cannot stop abortion clinic blockades.

Ruth Bader Ginsburg was sworn in as the 107th U.S. Supreme Court Justice on August 10th. Ginsburg is the second woman to serve on the high court. She brings to the bench a moderate ideology and is pro-choice. Ginsburg won easy confirmation in a 96-3 Senate vote. The three opposing votes came from Jesse Helms, Don Nickles and Robert C. Smith, all three conservative Republicans.

From the why aren't we surprised

In April, the Montana Legislature passed a harsh animal-abuse law that increased the penalty for a second conviction for cruelty to animals to two years in prison and a \$1,000, fine. The state's maximum penalty for a second conviction for wife beating is six months in jail and a \$500 fine.

#### Take action now!

Illinois Senator Carol Moseley Braun recently withdrew her name as a sponsor of the Freedom of Choice Act (FOCA).

Braun's reasons are quite simple, the bill has been dramatically altered since it was first introduced. As it currently stands the bill would allow states to impose restrictions on abortion which include no public funding of abortions. The Illinois NOW Chapter encouraged Braun to remove her name from the bill and we agree with NOW and with Braun. Organizations such as NARAL and the Planned Parenthood Federation have expressed support for the compromised legislation arguing that half a loaf is better than nothing. We agree with Clarence Page, such a philosophy only works if you are one of those people receiving half a loaf. Braun refused to continue to support FOCA because it discriminates against low-income women. We applaud her move and encourage you to contact her office at 202-225-3121 and let her know that you approve of her action.

Voice for Choice believes it is important for the pro-choice movement not to allow itself to be split among class lines by settling for compromises that hurt lower-income women.



### Edgar prohibits court ordered contraceptives

On August 13, Governor Edgar signed legislation prohibiting judges from court ordering contraceptives for women (like Norplant) as a part or condition of their sentence. Please let the Governor know that you appreciate his action. Voice for Choice recognizes that while the state must do a better job protecting it s children we do not believe that court ordered contraception is the way to achieve that goal. Court ordered contraception would be too easily abused and is discriminatory as it does nothing to prevent males who abuse their children from fathering more children. Edgar should be thanked for his concern for women.

Source: Chicago Tribune



### Take action now!!

The same conservative Republicans who voted against Ruth Bader Ginsburg are at it again, their target this time is Dr. M. Joycelyn Elders.

Dr. Elders has been nominated for U.S. Surgeon General, conservatives want her nomination defeated because of her strong position supporting reproductive rights for women.

Senator Nickles is the leading opponent of Dr. Elders' nomination and he has charged that she has collected a double paycheck. Elders has been receiving paychecks as Arkansas' State Health Director and as a federal consultant to the Dept. of Health and Human Services. All of this has occurred while Elders' has been awaiting action on her nomination. According to Health and Human Services the consulting fees were earned on vacation days Elders accrued while serving in her Arkansas post. Neither state nor federal law prohibits such an arrangement. Elders' confirmation hearing has been postponed.

Please write to Senators Braun and Simon today to express you support of Dr. Elders. The address is: Honorable (Senator's name) United States Senate Washington, D.C. 20515



### X

# For Choice

Abortion, money and the Legislature Exactly were the Illinois Legislature stands on the emotional issue of abortion is as unclear now as ever. The spring session generated lots of sound and fury over a mix of pro-choice and anti-choice legislation but nothing landed on the governors desk.

The case of a parental notification measure that seemed destined for legislative approval exemplified the confusion. In mid-April, the House passed HB 1300 on a non-party line vote. It would have required doctors to provide 48 hours notice to one parent or legal guardian of patients under 18 before an abortion could be performed; failure to do so would have been considered a Class A misdemeanor, punishable by up to a year in prison. The bill did not include a judicial bypass provision, which allows pregnant teens to seek permission from a judge to forego parental notification.

In the Senate the judicial bypass provision was amended onto the bill at the insistence of Edgar before it was approved in chamber. But included in the same bill was the bill's downfall: a provision allowing the attorney general or state's attorneys to bring civil actions against doctors who failed to provide proper notification. Physicians could have faced fines of \$1,000 for a first offense and \$5,000 for subsequent offenses.

That amendment sent the Illinois Medical Association into a fit. Lobbying organizations typically resent legislation that opens their members up to fines and lawsuits. Armtwisting by the medical society (known for their large campaign donations) was credited with killing the bill when it was called again in the House for concurrence with the Senate amendment. Thirteen House members changed their original "yes" vote to a "no" or "present" vote; the bill fell seven votes short of the 60 needed to pass.

While there was a great deal of impassioned rhetoric surrounding the debate, the most impassioned came from lawmakers who opposed the idea of criminalizing doctors. The position shouldn't be too surprising since the medical society's political action committee doled out nearly \$700,000 in cash and in-kind contributions to political campaigns, many of them for the legislature.

Brady Bill update

For six years, Congress has avoided passing the Brady Bill, a common-sense measure to let police pre-screen handgun buyers. Polls show the vast majority of Americans (including gun owners) favor the Brady Bill (S. 414), yet Congress fears the National Rifle Association and won't pass the bill.

Call Senator Braun at 202-225-3121. Demand passage of the Brady Bill before more people needlessly die. If the murder of Dr. David Gunn in Florida has taught us anything it is that the so-called right to life is not above purchasing handguns and using them against those with differing political and/or religious beliefs.

Flush Rush

Are you tired of Rush Limbaugh? There is an alternative. Call 512-477-5588 to find out where you can tune into the Jim Hightower radio program. The commentaries of the populist Hightower are available on 47 stations so far.

market and a market

Junk mail

Voice for Choice recently received a mailing from Randall Terry. Yes that's right, we're on his mailing list (how we did it is a secret but, suffice it to say, the man's not too terribly bright). Terry was plugging his new book Why Does A Nice Guy Like Me Keep Getting Thrown In Jail. Voice for Choice is considering writing a response entitled "How Does a Moron Like That Keep Getting Out of Jail." In the mailing Terry compares himself to Winston Churchill leading the citizens of Great Britain against the Nazis. Much of the language is violent and threatening (gosh, what a surprise). We have to give him this, he's a legend in his own mind.

Public forum in September

Voice for Choice is planning a public forum for late September. The topic will be Clinic Access and Clinic Defense. We will be inviting two local individuals who have been active in clinic defense in Chicago and Minnesota. We will also be inviting some experts in the area of clinic access legislation. Look for more details in the *Pantagraph* or call us at 828-3108 for more information

Health news

According to a recent study published in the New England Journal of Medicine, healthier living habits - not more health care is the main reason those with good educations and comfortable incomes live longer than the poor with less education.

The study compared the death rates of Americans under age 65 in 1960 and 1986. During this time, Medicaid was established to improve care for the poor. Despite better access, low-income people fell further behind. The figures show there were 3.4 deaths per 1,000 people among White women who failed to finish high school, 13.4 for Black men and 6.2 for Black women from the same background. Among college grads, rates were 1.8 for White women, six for Black men and 2.2 for Black women.

The differences were even more drastic when people were divided according to income. There were 16 deaths per 1,000 people among White men who earned under \$9,000, 6.5 for White women, 19.5 for Black men and 7.6 for Black women. Among those with incomes of \$25,000 there were 2.4 deaths for White men, 1.6 for White women, 3.6 for Black men and 2.3 for Black women.

Source: Jet, Aug. 2, 1993



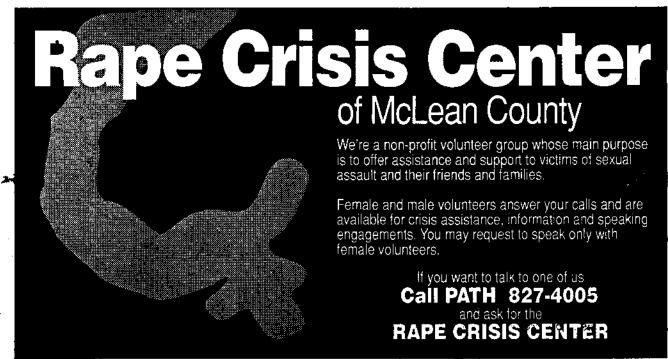
Nolvadex approved for male breast cancer A drug that has been used for 15 years to treat breast cancer in women has been licensed by the FDA to treat male breast tumors. The drug is Nolvadex, a therapy used in women to halt the spread of breast cancers to other organs and to prevent the recurrence of breast cancer after surgery. Nolvadex wasn't used in men because so few men contract breast cancer and physicians weren't able to carry out large scale tests of the drug's effectiveness in men.

Source: Pantagraph

### Coming next time

The New York Times Magazine on August 15, 1993 had a good article on breast cancer. We will share some of that article with you next edition.

Endometriosis facts: What is it? Tissue normally in the uterus also is found in the abdomen, on the ovaries, abdominal lining, bowel and bladder, resulting in internal bleeding, formation of scar tissue, inflammation and other medical problems.



5 5 F & E C





# Voice for Choice continued

How many women in the U.S. are affected? Over 5 million. At what age does endometriosis strike? Between the ages of 11 and 50. What are the symptoms? They can include one or more of the following: chronic pelvic pain, disabling periods, increasingly painful menstrual periods, repeated miscarriages, pain with sex, infertility, irregular menstrual cycles, painful bowel movements, painful urination or urinary problems with period, chronic fatigue, low resistance to infections and extensive allergies. How is it diagnosed? Through a minor surgical procedure called a Laparoscopy. What causes endometriosis? The cause is unknown. What treatment is available? Surgery to remove the endometrial growths, the use of female and male hormone treatments, pain medications and as a last resort, hysterectomy. Is there a cure? Unfortunately no. Who can I call for assistance?

A support group for women with endometriosis is forming in the twin cities. Litzi Trevino Hartley, Kreitzer Ave. in Bloomington is one of the organizers.

Source: Endometriosis Association, Washington.

### **Condom Researching**

Since our last newsletter Voice for Choice has been researching condoms. So far we have not found any FDA approved glow in the dark condoms. We did find that none of the drug stores we called will sell non-FDA approved condoms because they believe it is not safe.

WE RECYCLE:
Container Glass
Beverage Cans
Plastic Soda Bottles
Plastic Milk Jugs
Office Paper
Cardboard and more

McLean County's only
not-to-profit community
recycling center

829-0691
923 E. Grove
Bloomington, IL

DROP OFFS
RECYCLE DRIVES

We also discovered that while Medusa's Adult World sells non-FDA approved condoms they have a completely separate display located on the other side of the room from the FDA approved novelty condoms. According to Medusa's they also clearly label the condoms as novelty, not to be used for protection.

#### More info on RU486

In our last newsletter we reported that things looked promising for the arrival of RU486 in the U.S. Since that time, Roussel Uclaf, the manufacturer of RU486 has changed its mind. They are now stating that they will provide the Population Council with the formula for the drug and technological know how but they will not provide the product. This is an unfortunate decision since the drug is also being used in clinical trials for the treatment of breast cancer and endometriosis.

In addition to finding a U.S. distributor for RU 486, the Population Council needs to find a manufacturer to produce the prostaglandin taken two days after RU486. The ulcer drug Cytotec has been used for this purpose, it is less expensive and has fewer side effects. However, Searle, the drug's manufacturer, has refused to market cytotec for that purpose and has refused to make it available in the U.S. for clinical testing. It is possible that the Population Council will find or create small companies to manufacture the drug. Several small companies have already expressed interest. The unfortunate thing is it looks like we may be waiting at least two more years.

Source: National Public Radio & Planned Parenthood.

### Health care survey

The McLean County Women's Health Care 'sk Force is gearing up to begin its health care survey. If you would like to participate in the survey please call 452-8897 for details on how to obtain a survey.

### It's United Way time again

The United Way is gearing up for their annual drive. Voice for Choice asks you to once again consider contributing directly to the agencies of your choice rather than supporting the United Way.

As you will undoubtedly recall, the United Way of McLean County, in a less than fair manner, withdrew its funding of Planned Parenthood last year. Their reasons for the funding withdraw changed weekly and the decision was made in a way that called into question the integrity of their entire funding process.

We know that there are many fine organizations funded by the United Way. We also feel that we'd rather see people contribute directly to those organizations rather than contributing through the United Way (the United Way keeps 10-12% of each donation for their overhead). If you feel you must pledge, then please designate your dollars. You can even designate to a non-United Way member agency (i.e. Planned Parenthood - it drives the U.W. director crazy, we hear) and the United Way is obligated to forward those dollars to that agency.

### More than an abortion clinic

As many of you have noticed, the anti-choice movement in this community has started their campaign against an abortion clinic. Your elected officials need to hear from you. They need to know that there are just as many people in this community who support abortion services being provided locally.

Voice for Choice has heard from a number of pro-choice folks who have expressed concern about an abortion clinic being opened in this community. Many of these people are under the impression that the clinic will only provide abortions. That is a misconception. It is our understanding that what is really being proposed is to simply add abortion services to the list of health care services already provided locally by Planned Parenthood. Indeed it is very unlikely that the demand would justify a fulltime abortion clinic. Remember, Planned Parenthood is a health care provider in this community. They focus on women's health and reproductive health services. Abortion services are a natural for any agency wishing to provide the full spectrum of reproductive health care services. There is absolutely no good reason why the women of this community should have to travel to obtain any health care services, including abortion.

Please contact your city council member and let him/her know that you expect them to support the provision of legal health care services to the women of McLean County.



Upcoming events

September 25 & 26 - Look for our table at the Ewing Arts Festival. This years booth is a tribute to women artists. If you are a woman artist and would like your work displayed at our booth contact us at 828-3108 or 452-8897. Late September - Public Forum on clinic access and clinic defense. Date, time, and location to be announced. Late October or early November -The Third Annual Lefty Follies Variety Show and Harvest Moon dance. Details coming later but start planning your act now. Every other Tuesday, 7:00 p.m. Voice for Choice meetings. All pro-choice people are welcome to attend. Call 828-3108 or 452-8897 for date and location. January - we're already beginning to plan the annual Roe v. Wade event. If you have any ideas give us a call.



# GALA News

### Court upholds hate law

Court upholds hate crime law

In a long-awaited ruling, the Vermont Supreme Court rejected a constitutional challenge to Vermont's hate crime law brought by a man convicted of assaulting a gay man near a Burlington, Vermont gay bar in 1990. The Court's July 1st ruling held that Vermont's law-which enhances penalties for people convicted of committing crimes motivated by a victim's actual or perceived race, color, religion, national origin, ancestry, age, Veteran status, handicap, or sexual orientation - does not violate a defendant's First Amendment right to free expression.

Lambda Legal Defense and Education Fund- the nation's premier legal advocate of lesbians, gay men, and people with HIV/AIDS - applauded the ruling which reflects arguments made in the amicus brief Lambda submitted in the case.

The Court followed the United States Supreme Court's recent decision in Wisconsin v. Mitchell upholding Wisconsin's penalty enhancement statute against similar constitutional challenges. Like the U.S. Supreme Court in Mitchell, the Vermont court held that the law - passed by Vermont's legislature to "protect the right of every person to enjoy the public peace" - did not unconstitutionally chill a defendant's ability to express bigoted thoughts. Rather, the Vermont court recognized that the penalty enhancement statute aimed to prohibit conduct not protected by the First Amendment.

In addition, the Court rejected the defendant's argument that the statute privileged some people over others by noting that the statute protects all victims targeted for hate-motivated crimes regardless of whether they are minority or majority members of a protected class.

"The Court's ruling underscores the basic truth that bias-motivated violence against lesbian, gay men, and others harms an entire society." commented Lambda Staff Attorney Suzanne Goldberg who, along with New York attorney Theodore R. Bohn, filed Lambda's amicus brief in the case. "For legislators, the Court's ruling is an affirmation that by condemning hatemotivated violence they are acting properly to enhance social welfare." Goldberg added.

The Vermont law is one of forty-six similar penalty enhancement statutes that have been adopted by states around the country.

Source: Lambda Legal Defense and Educational Fund, Inc.

### Court rejects verdict

A Los Angeles County Superior Court judge threw out the bulk of a jury verdict against a woman with AIDS sued by a surgical technician for not disclosing her HIV-status before receiving treatment. The judge ruled that the health care worker's claim - the first time any patient has ever been sued for non-disclosure of any medical condition - improperly made the patient liable for the health care workers' failure to follow basic safety precautions. The judge held that because of compelling public health reasons, there is no need and 'no duty of a patient to be truthful concerning his/her medical condition," or to disclose HIV-status.

National Coming Out Day

October 11



Judge David A. Horowitz made his ruling in the closely - watched case of Boulais v. Lustig, in which a jury in February made and unprecedented finding against a patient of "negligent infliction of emotional distress," awarding \$102,000 to her health-care worker. also in February, the patient, Jan Lustig, received \$35,000 from the technician's employer, The Breast Center, for its part in breaching her confidentiality in the unprecedented lawsuit. This ruling inexplicably left intact the jury's finding in favor of the health care worker on the related claim of "fraud." An appeal on that portion of the verdict is expected.

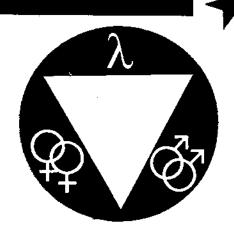
"The court's ruling recognized that the safety of health provides and patients alike is best protected by assuming that every patient is infected and taking the necessary precautions," said Evan Wolfson, attorney for Lambda Legal Defense & Education Fund, which represents the patient along with the Los Angeles firm of Heller, Ehrman, White & Mcauliffe. "By contrast, trying to single out infected patients puts everyone at greater risk, not just for injury, but for discrimination."

The case began in July 1991, when surgical technician Diane Boulais failed to follow the government-mandated universal infection control precautions and received a minor cut during a follow-up procedure on patient Jan Lustig. although neither the health workers nor the Breast Center had followed proper precautions, Boulais claimed that Lustig negligently subjected her to the fear of becoming infected with HIV, because Lustig did not earlier disclose that she is HIV-positive. Boulais did not become infected, and does not have HIV or AIDS.

"In punishing this HIV-positive patient, the jury ignored the reality that many patients legitimately fear disclosing such personal information," said Lambda cooperating attorney Dan Slaughter. "Evidence at trial showed that discrimination in the health care setting is pervasive and that many patients - including but not limited to those with HIV - often do not and cannot disclose." To deal with that reality, the federal government has for years required health care workers not to rely on patient disclosure, but rather to treat all patients as potentially infectious. The judge affirmed the strong public policy reasons against permitting this kind of harassing lawsuit against a patient." said Lambda's Wolfson.

Source: Lambda Legal Defense and Education Fund, Inc.

POST AMERIKAN



### **New director**

About July 19, 1993, Lambda Legal Defense and Education Fund announced the appointment of Beatrice Dohrn, a veteran poverty and women's rights advocate, to the management position of Legal Director.

As Legal Director, Dohrn will be based in the National Office in New York with oversight responsibility for the organization's legal departments in the New York, Chicago, and Los Angeles offices. She is currently working on new challenges to the military's ban on openlygay and lesbian service members.

Regarding her new responsibilities as Lambda's Legal Director, Dohrn stated, "I have always been most concerned with protecting and maintaining people's civil rights, in the home, in the workplace, and in their personal relationships. During the last 20 years, Lambda has profoundly changed the lives of millions of people. I am eager to contribute to Lambda's established tradition of creative advocacy."

Before becoming Lambda's Legal Director, Dohrn served in the New York City Legal Aid Society's Bronx Office as supervising attorney in the Housing Unit. In that capacity, Dohrn supervised fifteen attorneys and four paralegals, handling hundreds of housing cases in New York City and State courts.

During her tenure at the Legal Aid Society, Dohrn also worked at the Prisoner's Rights Project. She served as an attorney on a federal class action lawsuit on behalf of the 10,000 HIVinfected inmates in New York State prisons struggling to receive access to medical care.

### Dentist to pay

A dentist who denied treatment to a person with AIDS has been ordered by the New York City Commission on Human Rights to pay compensatory damages for discriminatory practices after a successful prosecution by the commission's Law Enforcement Bureau with the assistance of Lambda Legal Defense and Educational Fund. The Commission ruled that Dr. William Hurwitz, D.D.S., discriminated against John Campanella by refusing to accept him as a patient, and that Dr. Hurwitz must pay Mr. Campanella's estate \$7,500 for emotional distress

"This decision makes it absolutely clear that private health care providers in New York cannot refuse services to people with AIDS," said Dennis deLeon, Chair of the City Human Rights Commission. "It is especially disturbing to see such blatant bigotry on the part of a trained health care professional who was or should have been familiar with appropriate preventive measures."

Evan Wolfson, senior attorney with Lambda Legal Defense and Educational Fund, which represented Mr. Campanella and his heirs in this suit, said "People with HIV all too often are forced to fight discrimination while they fight their disease. This decision, which comes too late for John Campanella, should help others who are unlawfully and unethically denied needed care by their doctors or dentist."

Source: New York City Commission on Human Rights



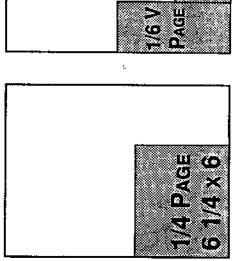


# POST AMERIKAN Advertising Rates

The Post Amerikan is an open-minded, community-conscious, unprejudiced newspaper generally printed every two months. We estimate that our total readership is around 2,000, with most living (and shopping) in the Bloomington/Normal area. As you can see from the illustrated ad sizes, our rates our very reasonable.

For example: A 1/4 page ad costs you only 1 1/2 cents for each potential customer. If you are interested in advertising in the Post Amerikan, call 828-7232 or 828-4473. Or mail your camera-ready art, and a check for the proper amount to: Post Amerikan,

3/4 Page 12 x 12 P.O. Box 3452, Bloomington, Illinois 61702



\$50

3/4 Page

Full Page

1/2 Page

1/4 Page

Vertical

 $12 \times 18$ 

\$30

 $61/4 \times 6$ 

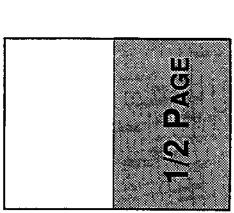
33/4×7

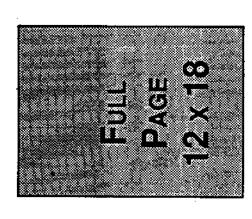
 $63/4 \times 31/2 $25$ 

Horizontal

Business Card 2 x 31/2

1/6 H PAGE





<u> </u>	
wisdom. Enclo	be enlightened every 2 months by Ms. Hippie's infinite sed is \$5.00 for a year's (6 issues) subscription to the P.O. Box 3452 • Bloomington, IL 61702
Name	
Address	
City	
I State	7in

